



Alice Springs Masters Games
9/10/2010 to 13/10/2010
Results

M40 200 Meter Dash

Record: R 23.80			
Name	Age	Team	Finals
1 David Fernandes	M	NT	29.90
2 Craig Rawlinson	M	NT	30.10
3 Lachlan John Thompson	M	NT	31.30

W30 100 Meter Run

Record: R 13.50 1992			
Name	Age	Team	Finals
1 Maree Ann Martin	W	NT	16.50
2 Sarah Thomas	W	NT	17.10
3 Alex Barwick	W	NT	17.70
4 Tanya Parkinson	W	NT	21.60

W35 100 Meter Run

Record: R 12.88 1996			
Name	Age	Team	Finals
1 Melinda Cranney	W	NT	19.90

W40 100 Meter Run

Record: R 13.90 2000			
Name	Age	Team	Finals
1 Sharyn Hunter	W	VIC	15.90
2 Sherree Menmuir	W		16.50

W45 100 Meter Run

Record: R 13.70 1986			
Name	Age	Team	Finals
1 Tracy Farrell	W	VIC	14.20
2 Valetta Boddy	W	WA	15.00
3 Sally Turley	W	QLD	15.50
4 Linda Warner	W	SA	18.10

W50 100 Meter Run

Record: R 14.50 2000			
Name	Age	Team	Finals
1 Sue Burke	W	ACT	13.80R
2 Diane Alderman	W	NSW	14.60
3 Helga Deer	W		17.40
4 Shirley Mudge	W	SA	22.90

W55 100 Meter Run

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Record:	R 15.11	1988	D Pirie
Name	Age	Team	Finals
=====			
1	Beryl Edwards	W NT	17.70
2	Gayle Cavanagh	W VIC	18.50
3	Ann Telford	W VIC	19.10
4	Sandy Smith	W	21.10
5	bev phelts	W NT	26.70

W60 100 Meter Run

=====			
Record:	R 16.19	1996	B Byrne
Name	Age	Team	Finals
=====			
1	Helen Robertson	W SA	18.20
2	Mary Abery	W SA	18.60
3	Elizebeth Trivett	W SA	20.10
4	Elaine Holmes	W WA	20.50
5	Isabel Foulds	W VIC	22.90
6	Cheryl Brodribb	W QLD	24.10
7	Betty Hawken	W QLD	27.50

W65 100 Meter Run

=====			
Record:	R 16.19	1992	G Davidson
Name	Age	Team	Finals
=====			
1	Jeanette Rayner	W ACT	18.90
2	Janet Ledger	W QLD	21.90
2	Margaret Trengove	W	21.90

W70 100 Meter Run

=====			
Record:	R 19.63	1996	G Davidson
Name	Age	Team	Finals
=====			
1	JO Klemke	W ACT	20.80
2	Nola Brockie	W NT	21.00
3	Sue Green	W NT	26.00
4	Maggie Roberts	W NT	31.70

W75 100 Meter Run

=====			
Record:	R 29.10	2000	M Osborne
Name	Age	Team	Finals
=====			
1	Constance Larmour	W ACT	20.30R

W80 100 Meter Run

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Record:	R 24.40	1990	N Jeffreys
Name	Age	Team	Finals
=====			
1	Betty Dobbie	W NSW	33.50

W85-100 100 Meter Run

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Record:	R 26.30	2000	M Russel
Name	Age	Team	Finals
=====			
1	Monica Osborne	W SA	1:06.80

M35 100 Meter Run

Record: R 11.57 1990			
Name	Age	Team	Finals
1 Marcus Cooper	M		12.30
2 David Scott	M	QLD	12.90
3 Leigh Browell	M	VIC	14.00
4 Ronald Kemnitz	M	NT	15.90

M40 100 Meter Run

Record: R 11.38 1986			
Name	Age	Team	Finals
1 Bruce Brodie	M	NT	13.90
2 Lachlan John Thompson	M	NT	14.30
3 David Fernandes	M	NT	14.60
4 Craig Rawlinson	M	NT	14.90
5 David Dolman	M	NT	15.60

M45 100 Meter Run

Record: R 12.00 1992			
Name	Age	Team	Finals
1 Rudolf Kocis	M	WA	12.70
2 Ken Dickson	M	QLD	13.30
3 Willem Westra Van Holthe	M	NT	13.70
4 Craig Hamilton	M	NT	13.80
5 Charles Ritenour	M	NT	22.10

M50 100 Meter Run

Record: R 11.50 1986			
Name	Age	Team	Finals
1 Michael Gaffney	M	TAS	13.20
2 greg reval	M	NT	13.70
3 pete brady	M	NT	15.70
4 Gary Aviet	M	NT	17.30

M55 100 Meter Run

Record: R 12.10 1986			
Name	Age	Team	Finals
1 David McConnell	M	VIC	13.00
2 John Browne	M	VIC	13.30
3 Grant Allan	M	NT	13.50
4 John Dunbar	M	NT	15.50
5 Reg Powell	M	NT	19.50

M60 100 Meter Run

Record: R 12.56 1988			
Name	Age	Team	Finals
1 Viddy Jermacans	M	QLD	14.10
2 Alan Hubbard	M	NSW	14.30
3 Richard Milnes	M	QLD	14.80
4 Anthony Sweeney	M	QLD	15.30
5 Michael Roberts	M	NT	17.00

6 Gerry Wood M NT 18.50

M65 100 Meter Run

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Record: R 13.49 1988 T Hishon
Name Age Team Finals
=====
1 Selwyn Hawken M QLD 15.60
2 Robert Allan Doust M WA 19.00
3 Trevor Henderson M SA 22.60

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M70 100 Meter Run

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Record: R 14.50 1992 B Hogan
Name Age Team Finals
=====
1 Doug Armstrong M VIC 15.80
2 Leon Stanely M VIC 16.80
3 Colin Trengove M SA 17.70
4 Peter Andrews M SA 20.90

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M75 100 Meter Run

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Record: R 16.31 17/10/2004 Gordon Medcalf, WA
Name Age Team Finals
=====
1 Charles Crowley M QLD 23.50

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M80 100 Meter Run

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Record: R 17.87 17/10/2004 Don Frearson, WA
Name Age Team Finals
=====
1 Gordon Medcalf M WA 18.60
2 Hughie Thomsen M QLD 18.90
3 Bruce Campbell M TAS 26.10

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W30 200 Meter Run

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Record: R 27.80
Name Age Team Finals
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1 Maree Ann Martin W NT 36.90
2 Sarah Thomas W NT 37.80

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W40 200 Meter Run

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Record: R 29.40
Name Age Team Finals
=====
1 Sharyn Hunter W VIC 32.20
2 Sherree Menmuir W 36.23

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W45 200 Meter Run

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Record: R 29.10 22/10/2008 sue bourke,
Name Age Team Finals
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1 Tracy Farrell W VIC 29.70
2 Sally Turley W QLD 33.30

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W50 200 Meter Run

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Record: R 29.60

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Name	Age Team	Finals
1 Sue Burke	W ACT	28.80R
2 Diane Alderman	W NSW	31.20
3 Kitty Brak	W NT	42.90

W55 200 Meter Run

Record: R 31.40

Name	Age Team	Finals
1 Beryl Edwards	W NT	37.80
2 Gayle Cavanagh	W VIC	39.50
3 Ann Telford	W VIC	43.10

W60 200 Meter Run

Record: R 31.19

Name	Age Team	Finals
1 Mary Abery	W SA	39.90
2 Helen Robertson	W SA	41.00
3 Elizebeth Trivett	W SA	48.70
4 Betty Hawken	W QLD	1:01.00

W65 200 Meter Run

Record: R 34.84 21/10/2002 Miriam Cudmore, SA

Name	Age Team	Finals
1 Jeanette Rayner	W ACT	39.70

W70 200 Meter Run

Record: R 41.09 21/10/2002 Olive Webb, NSW

Name	Age Team	Finals
1 JO Klemke	W ACT	47.00

W75 200 Meter Run

Record: R 1:12.30

Name	Age Team	Finals
1 Constance Larmour	W ACT	46.40R

W85-100 200 Meter Run

Record: R 1:02.30

Name	Age Team	Finals
1 Monica Osborne	W SA	2:46.10

M35 200 Meter Run

Record: R 23.20

Name	Age Team	Finals
1 Marcus Cooper	M	24.60
2 David Scott	M QLD	26.70
3 Leigh Browell	M VIC	28.60
4 Ronald Kemnitz	M NT	33.50

M45 200 Meter Run

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Record: R 24.00

Name	Age Team	Finals
1 Rudolf Kocis	M WA	26.70
2 Willem Westra Van Holthe	M NT	27.30
3 Ken Dickson	M QLD	28.90

M50 200 Meter Run

=====
Record: R 23.50

Name	Age Team	Finals
1 greg reval	M NT	29.00
2 Robbie Weatherald	M NT	30.70
3 Errol Neish	M ACT	31.00
4 pete brady	M NT	31.40

M55 200 Meter Run

=====
Record: R 25.20

Name	Age Team	Finals
1 David McConnell	M VIC	26.80
2 John Browne	M VIC	28.10
3 Grant Allan	M NT	29.00

M60 200 Meter Run

=====
Record: R 26.80

Name	Age Team	Finals
1 Darcy Cheney	M SA	29.10
2 Viddy Jermacans	M QLD	29.70
3 Alan Hubbard	M NSW	30.30
4 Richard Milnes	M QLD	31.50
5 Anthony Sweeney	M QLD	32.40
6 Gerry Wood	M NT	39.90

M65 200 Meter Run

=====
Record: R 28.49

Name	Age Team	Finals
1 Selwyn Hawken	M QLD	32.50
2 Robert Allan Doust	M WA	42.70
3 Trevor Henderson	M SA	44.60

M70 200 Meter Run

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Record: R 30.00

Name	Age Team	Finals
1 Doug Armstrong	M VIC	34.50
2 Colin Trengove	M SA	38.40

M75 200 Meter Run

=====
Record: R 35.93 18/10/2004 Gordon Medcalf, WA

Name	Age Team	Finals
1 Charles Crowley	M QLD	50.00

M80 200 Meter Run

Record: R 38.80

Name	Age Team	Finals
1 Gordon Medcalf	M WA	40.70
2 Hughie Thomsen	M QLD	41.90
3 Bruce Campbell	M TAS	54.00

W30 400 Meter Run

Record: R 1:00.18

Name	Age Team	Finals
1 Sarah Thomas	W NT	1:37.60

W40 400 Meter Run

Record: R 1:09.86 19/10/2004 Joanne Bandiera, NT

Name	Age Team	Finals
1 Sharyn Hunter	W VIC	1:16.60
2 Sherree Menmuir	W	1:45.10

W45 400 Meter Run

Record: R 1:07.00 23/10/2008 sue bourke,

Name	Age Team	Finals
1 Tracy Farrell	W VIC	1:09.40
2 Valetta Boddy	W WA	1:19.20
3 Sally Turley	W QLD	1:22.60

W50 400 Meter Run

Record: R 1:13.25

Name	Age Team	Finals
1 Sue Burke	W ACT	1:06.10R
2 Rose Attwood	W VIC	1:42.10

W55 400 Meter Run

Record: R 1:18.88

Name	Age Team	Finals
1 Beryl Edwards	W NT	1:32.30
2 Gayle Cavanagh	W VIC	1:38.30
3 Lyn Guelfi	W NT	1:40.70

W60 400 Meter Run

Record: R 1:25.90

Name	Age Team	Finals
1 Mary Abery	W SA	1:34.00
2 Ros Lowe	W SA	1:49.90
3 Elizebeth Trivett	W SA	2:08.80

W65 400 Meter Run

Record: R 1:22.45 22/10/2002 Miriam Cudmore, SA

Name	Age Team	Finals
1 Fran Harris	W NSW	1:50.50

W75 400 Meter Run

Record: R 2:14.40

Name	Age Team	Finals
1 Constance Larmour	W ACT	2:05.50R

W85-100 400 Meter Run

Record: R 2:34.40

Name	Age Team	Finals
1 Monica Osborne	W SA	5:29.90

M35 400 Meter Run

Record: R 53.22

Name	Age Team	Finals
1 Leigh Browell	M VIC	1:04.70
2 Ronald Kemnitz	M NT	1:24.60

M40 400 Meter Run

Record: R 54.20

Name	Age Team	Finals
1 Stuart Warren	M NT	1:04.80
2 Craig Rawlinson	M NT	1:09.00
3 Koen De Decker	M NT	1:10.00

M45 400 Meter Run

Record: R 55.37

Name	Age Team	Finals
1 Willem Westra Van Holthe	M NT	1:06.00
2 Grant Brown	M VIC	1:09.30

M50 400 Meter Run

Record: R 56.80

Name	Age Team	Finals
1 greg reval	M NT	1:08.00
2 Robbie Weatherald	M NT	1:09.70
3 William Dobbie	M NT	1:11.20
4 Hayden Harrell	M SA	1:12.00
5 Errol Neish	M ACT	1:13.10

M55 400 Meter Run

Record: R 1:00.19

Name	Age Team	Finals
1 David McConnell	M VIC	1:00.70
2 John Browne	M VIC	1:05.90
3 Geoffrey Samuels	M NT	1:11.00

M60 400 Meter Run

Record: R 1:00.19

Name	Age Team	Finals
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1	Alan Hubbard	M NSW	1:09.10
2	Viddy Jermacans	M QLD	1:09.50

M65 400 Meter Run

Record: R 1:04.85			
	Name	Age Team	Finals
1	Selwyn Hawken	M QLD	1:29.30
2	Robert Allan Doust	M WA	1:41.50
3	Trevor Henderson	M SA	1:52.80

M70 400 Meter Run

Record: R 1:16.42			
	Name	Age Team	Finals
1	Doug Armstrong	M VIC	1:31.10
2	Colin Trengove	M SA	1:34.50
3	Thomas Hobbs	M NSW	1:46.20
4	Peter Johnstone	M	1:51.00

M75 400 Meter Run

Record: R 1:27.77			
	Name	Age Team	Finals
		J O'Donnell	
1	Ian Stewart	M WA	1:39.00
2	Charles Crowley	M QLD	2:07.10

M80 400 Meter Run

Record: R 1:32.30 23/10/2008 Robert Lewis,			
	Name	Age Team	Finals
1	Hughie Thomsen	M QLD	1:58.90
2	Bruce Campbell	M TAS	2:33.30

W30 800 Meter Run

Record: R 2:42.99			
	Name	Age Team	Finals
1	Maree Ann Martin	W NT	3:38.00
2	Sarah Thomas	W NT	3:51.00

W40 800 Meter Run

Record: R 2:40.79			
	Name	Age Team	Finals
1	Christine suffolk	W	2:53.00
2	Sharyn Hunter	W VIC	3:06.00

W45 800 Meter Run

Record: R 2:40.62			
	Name	Age Team	Finals
1	Tracy Farrell	W VIC	2:55.00
2	Donna Burgess	W VIC	3:00.00
3	Katrina Phillip	W	3:09.00
4	Karen Kerr	W NT	5:15.00

W50 800 Meter Run

Record: R 2:53.99

Name	Age Team	Finals
1 Fiona Davis	W VIC	3:48.00
2 Rose Attwood	W VIC	4:04.00

W55 800 Meter Run

Record: R 3:05.20

Name	Age Team	Finals
1 Lyn Guelfi	W NT	4:10.00
2 bev phelts	W NT	5:02.00

W60 800 Meter Run

Record: R 3:12.70

Name	Age Team	Finals
1 Ros Lowe	W SA	3:45.00
2 Mary Abery	W SA	3:51.00
3 Helen Robertson	W SA	3:54.00
4 Elizebeth Trivett	W SA	4:21.00
5 Claire Harmon	W	8:18.00

W65 800 Meter Run

Record: R 3:25.39

Name	Age Team	Finals
1 Fran Harris	W NSW	4:32.00

W70 800 Meter Run

Record: R 4:22.39

Name	Age Team	Finals
1 JO Klemke	W ACT	5:03.00

W85-100 800 Meter Run

Record: R 6:00.00

Name	Age Team	Finals
1 Monica Osborne	W SA	11:36.00

M35 800 Meter Run

Record: R 2:06.20

Name	Age Team	Finals
1 Leigh Browell	M VIC	2:30.00
2 mark stuart	M NT	3:17.00
3 Ronald Kemnitz	M NT	3:38.00

M40 800 Meter Run

Record: R 2:05.20

Name	Age Team	Finals
1 Eli Melky	M NT	2:14.00

2	Stuart Warren	M NT	2:27.00
3	Koen De Decker	M NT	2:39.00
4	Craig Rawlinson	M NT	2:55.00

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M45 800 Meter Run
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Record: R 2:09.78

Name	Age Team	Finals
1 Peter Foley	M NT	3:04.00

=====
M50 800 Meter Run
=====

Record: R 2:11.29

Name	Age Team	Finals
1 Roscoe McDonnell	M WA	2:29.00
2 Frank Kresse	M NT	2:30.00
3 Robbie Weatherald	M NT	2:35.00
4 pete brady	M NT	2:38.00
5 Hayden Harrell	M SA	2:54.00
6 Norman White	M SA	3:15.00
7 David DE Vries	M NT	3:40.00
8 Martin Plumb	M VIC	4:05.00

=====
M55 800 Meter Run
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Record: R 2:33.30

Name	Age Team	Finals
1 Grant Allan	M NT	2:43.00
2 David McConnell	M VIC	2:43.50
3 Wayne Sabransky	M VIC	2:45.00
4 Geoffrey Samuels	M NT	2:47.00
5 John Browne	M VIC	2:53.00
6 Barry Joyce	M QLD	3:28.00
7 Reg Powell	M NT	4:00.00

=====
M60 800 Meter Run
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Record: R 2:35.99

Name	Age Team	Finals
1 Viddy Jermacans	M QLD	3:16.00
2 Alan Hubbard	M NSW	3:18.00
3 jock mcpherson	M NT	3:34.00

=====
M65 800 Meter Run
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Record: R 2:33.81

Name	Age Team	Finals
1 John Hallifax	M SA	3:17.00
2 Robert Allan Doust	M WA	3:44.00
3 Trevor Henderson	M SA	4:47.00

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M70 800 Meter Run
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Record: R 2:56.97

Name	Age Team	Finals
1 Les Farley	M NSW	3:30.00
2 Colin Trengove	M SA	3:46.00
3 Thomas Hobbs	M NSW	4:09.00

4	Peter Johnstone	M	4:21.00
W30 1500 Meter Run			
=====			
Record:	R 5:23.10	1986	Kris Ross, NT
	Name	Age Team	Finals
=====			
1	Sarah Thomas	W NT	8:03.30
W40 1500 Meter Run			
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Record:	R 5:38.28	1988	Marlene Robb
	Name	Age Team	Finals
=====			
1	Christine suffolk	W	5:40.10
2	Sharyn Hunter	W VIC	6:13.70
W45 1500 Meter Run			
=====			
Record:	R 5:41.61	1990	Margaret L'Huillier, NT
	Name	Age Team	Finals
=====			
1	Helen Summers	W NT	6:16.00
2	Bernadette Sexton	W VIC	7:01.80
W50 1500 Meter Run			
=====			
Record:	R 5:58.95	1994	Margaret L'Huillier, SA
	Name	Age Team	Finals
=====			
1	Fiona Davis	W VIC	8:01.40
W55 1500 Meter Run			
=====			
Record:	R 6:24.20	1998	Anne Lang, VIC
	Name	Age Team	Finals
=====			
1	Gayle Cavanagh	W VIC	8:13.20
W60 1500 Meter Run			
=====			
Record:	R 6:26.70	1992	Judy Cox, WA
	Name	Age Team	Finals
=====			
1	Ros Lowe	W SA	7:37.00
2	Helen Robertson	W SA	8:27.00
3	Susan Atkinson	W SA	8:48.90
4	Elizebeth Trivett	W SA	9:24.40
5	Veronica Williams	W NT	12:29.80
W65 1500 Meter Run			
=====			
Record:	R 7:00.94	1988	Thelma Davies, SA
	Name	Age Team	Finals
=====			
1	Fran Harris	W NSW	9:44.80
W70 1500 Meter Run			
=====			
	Name	Age Team	Finals
=====			
1	JO Klemke	W ACT	9:26.80
2	Shelia Howard	W WA	9:32.60

M35 1500 Meter Run

=====			
Name	Age	Team	Finals
Record: R 4:24.20 1988 Adrian Wellington,			
1 Leigh Browell		M VIC	5:11.10
2 Ronald Kemnitz		M NT	7:46.50

M40 1500 Meter Run

=====			
Name	Age	Team	Finals
Record: R 4:26.38 1988 John Bell,			
1 Eli Melky		M NT	5:02.80
2 Stuart Warren		M NT	5:10.80
3 Koen De Decker		M NT	5:35.80
4 Craig Rawlinson		M NT	6:20.40

M45 1500 Meter Run

=====			
Name	Age	Team	Finals
Record: R 4:31.10 1992 John Bell, NT			
1 Peter Foley		M NT	5:55.70

M50 1500 Meter Run

=====			
Name	Age	Team	Finals
Record: R 4:36.47 1996 John Bell, SA			
1 Roscoe McDonnell		M WA	5:08.60
2 Robbie Weatherald		M NT	5:21.00
3 Frank Kresse		M NT	5:26.20
4 Hayden Harrell		M SA	6:26.50
5 Errol Neish		M ACT	6:53.10
6 Norman White		M SA	6:53.50

M55 1500 Meter Run

=====			
Name	Age	Team	Finals
Record: R 5:12.90 1992 John Noort, NT			
1 Wayne Sabransky		M VIC	5:33.90
2 Grant Allan		M NT	5:47.40
3 Geoffrey Samuels		M NT	6:00.90
4 Reg Powell		M NT	7:57.50

M60 1500 Meter Run

=====			
Name	Age	Team	Finals
Record: R 5:18.98 1990 Peter Couattie, NSW			
1 Alan Hubbard		M NSW	6:10.40
2 Don Taylor		M QLD	6:56.00

M65 1500 Meter Run

=====			
Name	Age	Team	Finals
Record: R 5:25.89 1988 Gordon McKeown, NZ			
1 Robert Allan Doust		M WA	7:44.10
2 Trevor Henderson		M SA	9:44.80

M70 1500 Meter Run

=====			
Record: R 6:18.98	1998	Eddie McLean, VIC	
Name		Age Team	Finals
=====			
1 Les Farley		M NSW	7:00.90
2 Colin Trengove		M SA	8:22.40
3 Thomas Hobbs		M NSW	9:25.50
M75 1500 Meter Run			
=====			
Record: R 6:42.90	1986	Stan Nicholls, VIC	
Name		Age Team	Finals
=====			
1 Ian Stewart		M WA	8:46.00
M80 1500 Meter Run			
=====			
Record: R 7:26.20	23/10/2008	Robert Lewis,	
Name		Age Team	Finals
=====			
1 Bruce Campbell		M TAS	10:42.80
W30 3000 Meter Run			
=====			
Record: R 11:55.46	1988	Theresa O'Byrne, NT	
Name		Age Team	Finals
=====			
1 Sarah Thomas		W NT	17:50.40
W40 3000 Meter Run			
=====			
Record: R 12:15.86	1988	Marlene Robb	
Name		Age Team	Finals
=====			
1 Christine suffolk		W	12:00.90R
2 Sharyn Hunter		W VIC	13:12.40
W45 3000 Meter Run			
=====			
Record: R 12:25.29	21/10/2002	Annie Kidman, NT	
Name		Age Team	Finals
=====			
1 Helen Summers		W NT	13:07.90
2 Donna Burgess		W VIC	14:08.70
3 Bernadette Sexton		W VIC	14:16.00
W50 3000 Meter Run			
=====			
Record: R 13:09.10	22/10/2008	Anne Kidman,	
Name		Age Team	Finals
=====			
1 Fiona Davis		W VIC	17:39.00
W55 3000 Meter Run			
=====			
Record: R 13:33.90	1992	Anne Young, VIC	
Name		Age Team	Finals
=====			
1 Gayle Cavanagh		W VIC	17:47.10
W60 3000 Meter Run			
=====			
Record: R 13:25.70	1992	Judy Cox, WA	
Name		Age Team	Finals

1	Ros Lowe	W SA	15:47.80
2	Helen Robertson	W SA	18:44.70
3	Elizebeth Trivett	W SA	19:50.30

W70 3000 Meter Run

Name	Age Team	Finals
1 Shelia Howard	W WA	19:26.30

M35 3000 Meter Run

Record: R 9:09.74 1988	Adrian Wellington,		Finals
Name	Age Team		
1 Leigh Browell	M VIC		10:59.90
2 Ronald Kemnitz	M NT		15:47.70

M40 3000 Meter Run

Record: R 9:10.27 1990	Adrian Wellington,		Finals
Name	Age Team		
1 Eli Melky	M NT		10:17.40
2 Stuart Warren	M NT		11:26.00
3 Koen De Decker	M NT		12:07.50
4 Craig Rawlinson	M NT		14:08.20

M45 3000 Meter Run

Record: R 9:35.70 1992	John Bell, NT		Finals
Name	Age Team		
1 John Boffa	M NT		12:06.50
2 Peter Foley	M NT		13:21.60

M50 3000 Meter Run

Record: R 10:05.86 1998	John Bell, SA		Finals
Name	Age Team		
1 Roscoe McDonnell	M WA		11:03.40
2 pete brady	M NT		11:33.60
3 Frank Kresse	M NT		12:03.20
4 Norman White	M SA		14:33.60

M55 3000 Meter Run

Record: R 11:19.48 2002	Norris Wyatt, NT		Finals
Name	Age Team		
1 Wayne Sabransky	M VIC		12:04.80
2 John Atkinson	M SA		12:08.70
3 Grant Allan	M NT		12:20.20
4 Geoffrey Samuels	M NT		12:26.20
5 paul thomas	M SA		14:44.00
6 Reg Powell	M NT		16:22.40

M60 3000 Meter Run

Record: R 11:30.70 1992	David Padgett, NZ		Finals
Name	Age Team		

1 Alan Hubbard	M NSW	13:37.80
2 Michael Rendle	M NT	14:42.00

M65 3000 Meter Run

Record: R 12:17.35 1990			Theo Orr, NZ
Name	Age Team		Finals
1 John Hallifax	M SA	13:55.80	
2 Robert Allan Doust	M WA	15:42.40	
-- Trevor Henderson	M SA		DNF

M70 3000 Meter Run

Record: R 13:52.49 1998			Eddie McLean, VIC
Name	Age Team		Finals
1 Les Farley	M NSW	15:44.00	
2 Thomas Hobbs	M NSW	16:46.90	
3 Colin Trengove	M SA	18:02.80	

M80 3000 Meter Run

Record: R 15:53.26 22/10/2008			Robert Lewis,
Name	Age Team		Finals
1 Bruce Campbell	M TAS	20:40.10	

W35 3000 Meter Race Walk

Record: R 11:25.00 21/10/2008			Helen Brown,
Name	Age Team		Finals
1 Carrie Ward	W WA	28:49.00	

W40 3000 Meter Race Walk

Record: R 11:14.20 21/10/2008			Jo-Anne Saunders,
Name	Age Team		Finals
1 Nardine Collier	W NT	21:45.00	
2 Estelle Venter	W NT	25:39.00	

W45 3000 Meter Race Walk

Record: R 8:49.80 21/10/2008			Debbie Page,
Name	Age Team		Finals
1 Debbie Summers	W NT	19:14.00	
2 Anne Davey-Smith	W NT	29:15.00	
3 Julie-Ann Bird	W NT	30:42.00	

W50 3000 Meter Race Walk

Record: R 11:37.10 21/10/2008			angela thomas,
Name	Age Team		Finals
1 Debbie Page	W NT	17:18.00	

W55 3000 Meter Race Walk

Record: R 13:54.00 21/10/2008			Sandy Smith,
Name	Age Team		Finals

1	Gayle Cavanagh	W VIC	24:57.00
2	bev phelts	W NT	25:12.00
3	Sandy Smith	W	25:43.00

W60 3000 Meter Race Walk

=====			
	Record: R 10:57.40	21/10/2008	Margaret Trengove,
	Name	Age	Team
			Finals
=====			
1	Mary Abery	W	SA 23:39.00
2	Cherie Dempsey	W	SA 28:33.00
--	Maria Hannam	W	SA DNF

W65 3000 Meter Race Walk

=====			
	Record: R 11:27.10	21/10/2008	Penny Hall,
	Name	Age	Team
			Finals
=====			
1	Margaret Trengove	W	22:21.00
2	Beverly Croll	W	QLD 27:11.00
3	Evelyn Gosper	W	32:51.00

W70 3000 Meter Race Walk

=====			
	Record: R 11:56.10	21/10/2008	Margaret Beaumont,
	Name	Age	Team
			Finals
=====			
1	Margaret Beaumont	W	VIC 25:54.00
--	Margaret Flanders	W	WA DNF

M55 3000 Meter Race Walk

=====			
	Record: R 12:17.60	21/10/2008	Reg Powell,
	Name	Age	Team
			Finals
=====			
1	Peter Algie	M	NT 23:30.00
2	Reg Powell	M	NT 24:13.00

M60 3000 Meter Race Walk

=====			
	Record: R 11:42.40	21/10/2008	Selwyn Hawken,
	Name	Age	Team
			Finals
=====			
1	Michael Roberts	M	NT 25:29.00
2	Barry Smith	M	QLD 26:19.00

M65 3000 Meter Race Walk

=====			
	Record: R 12:14.70	21/10/2008	Bruce Wiggins,
	Name	Age	Team
			Finals
=====			
1	Roger Lowe	M	SA 22:27.00
2	Selwyn Hawken	M	QLD 26:46.00

M70 3000 Meter Race Walk

=====			
	Record: R 10:46.90	21/10/2008	R. Leigh smith,
	Name	Age	Team
			Finals
=====			
1	Colin Trengove	M	SA 22:16.00
2	Ian Beaumont	M	VIC 25:09.00

M80 3000 Meter Race Walk

=====

Record: R 25:13.61

Name	Age Team	Finals
1 Arthur Ince	M	30:59.00
2 William Arthur Dobbie	M NSW	37:58.00

W40 High Jump

Name	Age Team	Finals
Record: R 1.34m 20/10/2002 Linda Warner,		
1 Sharyn Hunter	W VIC	1.10m

W45 High Jump

Name	Age Team	Finals
Record: R 1.34m 17/10/2004 Alex Lloyd, ACT		
1 Sally Turley	W QLD	1.27m
2 Valetta Boddy	W WA	1.24m
3 Linda Warner	W SA	1.18m

W50 High Jump

Name	Age Team	Finals
Record: R 1.26m		
1 Julianne Mesner	W QLD	1.05m

W55 High Jump

Name	Age Team	Finals
Record: R 1.19m		
1 Ann Telford	W VIC	0.97m

W60 High Jump

Name	Age Team	Finals
Record: R 1.18m		
1 Cherie Dempsey	W SA	0.92m
2 Mary Abery	W SA	0.90m
3 Cheryl Brodribb	W QLD	0.78m

W65 High Jump

Name	Age Team	Finals
Record: R 1.18m		
1 Margaret Hall	W SA	0.80m

M35 High Jump

Name	Age Team	Finals
Record: R 1.80m 21/10/2008 Marcus Wickham,		
1 David Scott	M QLD	1.51m
2 Leigh Browell	M VIC	1.25m
3 Ronald Kemnitz	M NT	1.20m

M40 High Jump

Record: R 1.66m

Name	Age Team	Finals
1 Lachlan John Thompson	M NT	1.40m

M45 High Jump

Record: R 1.56m

Name	Age Team	Finals
1 David Fauser	M SA	1.40m
2 Yarran Cavalier	M NT	1.35m
3 Ken Dickson	M QLD	1.30m
4 Charles Ritenour	M NT	1.00m

M50 High Jump

Record: R 1.52m

Name	Age Team	Finals
1 Norman White	M SA	1.15m
1 Robbie Weatherald	M NT	1.15m
3 Hayden Harrell	M SA	1.05m

M55 High Jump

Record: R 1.50m

Name	Age Team	Finals
1 John Dunbar	M NT	0.90m

M60 High Jump

Record: R 1.45m

Name	Age Team	Finals
1 Viddy Jermacans	M QLD	1.25m
2 Don Taylor	M QLD	1.20m
2 Anthony Sweeney	M QLD	1.20m
4 Alan Hubbard	M NSW	1.15m

M65 High Jump

Record: R 1.30m

Name	Age Team	Finals
1 Selwyn Hawken	M QLD	1.15m

M75 High Jump

Record: R 1.16m 18/10/2004 Jim O'Donnell, QLD

Name	Age Team	Finals
1 Charles Crowley	M QLD	1.00m

M80 High Jump

Record: R 0.95m

Name	Age Team	Finals
1 James O'Donnell	M QLD	1.06mR

W40 Long Jump

Record: R 4.27m

Name	Age Team	Finals
1 Sharyn Hunter	W VIC	4.00m
2 Sherree Menmuir	W	3.62m

W45 Long Jump

Record: R 4.43m 21/10/2008 Tracy Farrell,		
Name	Age Team	Finals
1 Tracy Farrell	W VIC	4.73mR
2 Valetta Boddy	W WA	4.19m
3 Sally Turley	W QLD	3.87m
4 Joanne Maree Van Zuylenko	W VIC	3.74m

W55 Long Jump

Record: R 3.98m 21/10/2002 Janet Jarvis, WA		
Name	Age Team	Finals
1 Lyn Guelfi	W NT	2.94m
2 Sandy Smith	W	2.29m
3 Barbara Brown	W WA	2.24m

W60 Long Jump

Record: R 3.27m		
Name	Age Team	Finals
1 Brenda Edgar	W VIC	2.69m
2 Mary Abery	W SA	2.62m
3 Isabel Foulds	W VIC	2.44m
4 Ros Lowe	W SA	2.28m
5 Cheryl Brodribb	W QLD	2.01m
6 Cherie Dempsey	W SA	1.64m

W65 Long Jump

Record: R 3.58m		
Name	Age Team	Finals
1 Rhondda Dundas	W VIC	2.51m
2 Margaret Hall	W SA	1.98m

W70 Long Jump

Record: R 2.43m 22/10/2008 Nola Brockie,		
Name	Age Team	Finals
1 JO Klemke	W ACT	2.30m
2 Nola Brockie	W NT	2.18m

W75 Long Jump

Name	Age Team	Finals
1 Constance Larmour	W ACT	2.18m

M35 Long Jump

Record: R 5.85m 23/10/2008 Yevgeniy Tkachenko,		
Name	Age Team	Finals
1 David Scott	M QLD	5.33m

2	Ronald Kemnitz	M NT	3.83m
3	Leigh Browell	M VIC	3.53m

M40 Long Jump

=====
Record: R 5.75m 22/10/2002 Clarrie Whitaker, SA
Name Age Team Finals
=====

1	Lachlan John Thompson	M NT	3.99m
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M45 Long Jump

=====
Record: R 5.76m
Name Age Team Finals
=====

1	Grant Brown	M VIC	4.45m
2	Yarran Cavalier	M NT	4.42m
3	Charles Ritenour	M NT	2.34m

M50 Long Jump

=====
Record: R 5.46m
Name Age Team Finals
=====

1	Robbie Weatherald	M NT	3.93m
2	Gary Aviet	M NT	3.71m
3	Hayden Harrell	M SA	3.48m

M55 Long Jump

=====
Record: R 5.15m
Name Age Team Finals
=====

1	Grant Allan	M NT	4.52m
2	paul thomas	M SA	3.96m
3	Reg Powell	M NT	3.40m
4	John Dunbar	M NT	3.39m
5	Peter Algie	M NT	3.02m

M60 Long Jump

=====
Record: R 4.68m
Name Age Team Finals
=====

1	Viddy Jermacans	M QLD	4.26m
2	Alan Hubbard	M NSW	3.80m
3	Brian Brodribb	M QLD	2.64m

M65 Long Jump

=====
Record: R 4.23m
Name Age Team Finals
=====

1	Selwyn Hawken	M QLD	3.37m
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M75 Long Jump

=====
Record: R 3.46m 21/10/2008 Charles Crowley,
Name Age Team Finals
=====

1	Charles Crowley	M QLD	2.24m
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W40 Triple Jump

Record: R 8.81m	22/10/2002	Linda Warner,	
Name	Age	Team	Finals
=====			
1 Sharyn Hunter		W VIC	7.82m
W45 Triple Jump			
=====			
Record: R 9.09m			
Name	Age	Team	Finals
=====			
1 Tracy Farrell		W VIC	9.08m
2 Valetta Boddy		W WA	8.12m
W55 Triple Jump			
=====			
Record: R 8.50m	22/10/2002	Janet Jarvis, WA	
Name	Age	Team	Finals
=====			
1 Lyn Guelfi		W NT	6.85m
2 Beryl Edwards		W NT	6.54m
3 Gayle Cavanagh		W VIC	6.16m
W60 Triple Jump			
=====			
Record: R 7.33m			
Name	Age	Team	Finals
=====			
1 Cheryl Brodribb		W QLD	4.17m
2 Betty Hawken		W QLD	3.19m
W70 Triple Jump			
=====			
Record: R 5.47m	22/10/2008	Nola Brockie,	
Name	Age	Team	Finals
=====			
1 Nola Brockie		W NT	7.05mR
M35 Triple Jump			
=====			
Record: R 13.42m	22/10/2008	Yevgeniy Tkachenko,	
Name	Age	Team	Finals
=====			
1 David Scott		M QLD	10.78m
2 Leigh Browell		M VIC	8.14m
3 Ronald Kemnitz		M NT	8.13m
M40 Triple Jump			
=====			
Record: R 12.00m			
Name	Age	Team	Finals
=====			
1 Lachlan John Thompson		M NT	8.50m
M45 Triple Jump			
=====			
Record: R 10.73m			
Name	Age	Team	Finals
=====			
1 Yarran Cavalier		M NT	8.67m
2 Charles Ritenour		M NT	3.82m
M50 Triple Jump			
=====			
Record: R 11.99m			

Name	Age Team	Finals
1 Robbie Weatherald	M NT	7.35m
2 pete brady	M NT	7.23m
3 Hayden Harrell	M SA	6.99m

M55 Triple Jump

Record: R 10.45m

Name	Age Team	Finals
1 Wayne Sabransky	M VIC	7.62m
2 Peter Algie	M NT	6.48m
3 John Dunbar	M NT	6.34m

M60 Triple Jump

Record: R 9.77m

Name	Age Team	Finals
1 Viddy Jermacans	M QLD	8.42m
2 Don Taylor	M QLD	8.18m
3 Brian Brodribb	M QLD	5.70m

M65 Triple Jump

Record: R 8.75m

Name	Age Team	Finals
1 Selwyn Hawken	M QLD	7.83m
2 Robert Allan Doust	M WA	6.53m

M75 Triple Jump

Record: R 7.45m 19/10/2004 Jim O'Donnell, QLD

Name	Age Team	Finals
1 Charles Crowley	M QLD	4.90m

M80 Triple Jump

Record: R 5.98m

Name	Age Team	Finals
1 James O'Donnell	M QLD	6.40mR

W30 Shot Put

Record: R 13.02m

Name	Age Team	Finals
1 Maree Ann Martin	W NT	6.49m
2 Alex Barwick	W NT	6.14m
3 Tanya Parkinson	W NT	5.54m

W35 Shot Put

Record: R 10.12m

Name	Age Team	Finals
1 Carrie Ward	W WA	6.44m
2 Melinda Cranney	W NT	4.18m

W40 Shot Put

=====
 Record: R 9.93m

Name	Age Team	Finals
1 Kim Bradburn	W NT	8.82m
2 Tanya Matthews	W QLD	8.04m
3 Sherree Menmuir	W	6.79m
4 Sharon Dickson	W QLD	6.54m
5 Joanne Saunders	W SA	6.23m
6 Sharyn Hunter	W VIC	5.91m

W45 Shot Put

=====
 Record: R 8.77m 19/10/2004 Bev Virgin, SA

Name	Age Team	Finals
1 Sally Turley	W QLD	8.29m
2 Lesley Waterhouse	W WA	7.44m
3 Anne Davey-Smith	W NT	6.60m
4 Sue Martin	W NT	4.80m
5 Julie-Ann Bird	W NT	4.75m

W50 Shot Put

=====
 Record: R 9.65m 20/10/2002 Carolyn Mackay, VIC

Name	Age Team	Finals
1 Julianne Mesner	W QLD	7.55m
2 Marie Sowerby	W NT	7.30m
3 Maureen Sweeney	W QLD	6.94m

W55 Shot Put

=====
 Record: R 9.55m

Name	Age Team	Finals
1 Barbara Brown	W WA	7.17m
2 Beryl Edwards	W NT	6.84m

W60 Shot Put

=====
 Record: R 11.11m 21/10/2002 Helen Searle, NSW

Name	Age Team	Finals
1 Elaine Holmes	W WA	6.87m
2 Claire Harmon	W	6.70m
3 Brenda Edgar	W VIC	6.64m
4 Cherie Dempsey	W SA	6.50m
4 Ros Lowe	W SA	6.50m
6 Maria Hannam	W SA	6.49m
7 Margaret Surman	W SA	5.95m
8 Lorraine Mussett	W VIC	5.93m
9 Cheryl Brodribb	W QLD	5.20m
10 Betty Hawken	W QLD	3.85m

W65 Shot Put

=====
 Record: R 7.74m 20/10/2002 Dorothy Whittam, WA

Name	Age Team	Finals
1 Rhondda Dundas	W VIC	8.48mR
2 Margaret Hall	W SA	4.82m

W70 Shot Put

```

=====
Record: R 6.37m 20/10/2002 Olive Webb, NSW
Name Age Team Finals
=====
1 Sue Green W NT 5.92m
2 Nola Brockie W NT 4.82m
3 Ena Honor W SA 4.65m
4 Maggie Roberts W NT 4.12m

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W75 Shot Put

```

=====
Record: R 5.84m
Name Age Team Finals
=====
1 Valerie Worrell W VIC 6.94mR

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M35 Shot Put

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=====
Record: R 12.70m
Name Age Team Finals
=====
1 Leigh Browell M VIC 7.48m
2 Ronald Kemnitz M NT 7.29m
3 mark stuart M NT 7.25m

```

M40 Shot Put

```

=====
Record: R 12.38m
Name Age Team Finals
=====
1 george Nakaora M NT 11.24m
2 David Dolman M NT 9.83m
3 Lachlan John Thompson M NT 8.90m
4 Martin Cushing M NT 8.20m

```

M45 Shot Put

```

=====
Record: R 11.39m
Name Age Team Finals
=====
1 Ken Dickson M QLD 9.72m
2 Yarran Cavalier M NT 9.35m
3 Charles Ritenour M NT 7.14m

```

M50 Shot Put

```

=====
Record: R 13.19m
Name Age Team Finals
=====
1 Darryl Selleck M VIC 10.90m
2 Mark Johnston M SA 9.69m
3 Norman White M SA 7.02m
4 Craig Saunders M SA 6.32m

```

M55 Shot Put

```

=====
Record: R 12.45m
Name Age Team Finals
=====
1 John Dunbar M NT 9.29m
2 Grant Allan M NT 8.69m
3 Bruce Bates M QLD 8.54m

```

M60 Shot Put

=====
 Record: R 12.31m

Name	Age Team	Finals
1 Don Taylor	M QLD	8.19m
2 Anthony Sweeney	M QLD	7.88m
3 Michael Roberts	M NT	7.52m
4 Gerry Wood	M NT	7.48m
5 Brian Brodribb	M QLD	6.62m

M65 Shot Put

=====
 Record: R 10.37m 20/10/2002 Robin Herron, USA

Name	Age Team	Finals
1 Wayne Caddy	M NSW	8.98m
2 Kevin Heintze	M NT	8.05m
3 Selwyn Hawken	M QLD	7.95m
4 Trevor Henderson	M SA	6.00m
5 Roger Lowe	M SA	5.12m

M75 Shot Put

=====
 Record: R 9.08m 21/10/2002 Arthur Grayburn, NZ

Name	Age Team	Finals
1 Ian Stewart	M WA	6.39m
2 Colin Dickens	M SA	6.00m

M80 Shot Put

=====
 Record: R 7.45m 18/10/2004 Stan Stankovic, VIC

Name	Age Team	Finals
1 Frank Bigg	M NT	6.16m
2 James O'Donnell	M QLD	5.88m
3 Arthur Ince	M	5.02m
4 Bruce Campbell	M TAS	4.97m
5 William Arthur Dobbie	M NSW	4.11m

W30 Discus Throw

=====
 Record: R 34.62m

Name	Age Team	Finals
1 Maree Ann Martin	W NT	17.32m
2 Alex Barwick	W NT	15.89m
3 Tanya Parkinson	W NT	14.98m

W40 Discus Throw

=====
 Record: R 31.03m

Name	Age Team	Finals
1 Tanya Matthews	W QLD	21.73m
2 Sam McMahon	W NT	20.56m
3 Sherree Menmuir	W	18.87m
4 Kim Bradburn	W NT	17.79m
5 Sharon Dickson	W QLD	16.70m
6 Sharyn Hunter	W VIC	14.76m

W45 Discus Throw

=====
 Record: R 28.62m

Name	Age Team	Finals
1 Sally Turley	W QLD	24.80m
2 Lesley Waterhouse	W WA	23.16m
3 Anne Davey-Smith	W NT	13.55m
4 Julie-Ann Bird	W NT	12.17m
5 Sue Martin	W NT	11.95m

W50 Discus Throw

Record: R 24.58m

Name	Age Team	Finals
1 Maureen Sweeney	W QLD	16.81m
2 Marie Sowerby	W NT	15.51m

W55 Discus Throw

Record: R 20.02m

Name	Age Team	Finals
1 Barbara Brown	W WA	19.14m
2 Jan Bennett	W NT	16.16m
3 Lyn Guelfi	W NT	15.88m
4 Gayle Cavanagh	W VIC	15.36m
5 Beryl Edwards	W NT	13.95m
6 bev phelts	W NT	11.63m

W60 Discus Throw

Record: R 26.53m 20/10/2002 Helen Searle, NSW

Name	Age Team	Finals
1 Elaine Holmes	W WA	19.66m
2 Cherie Dempsey	W SA	19.31m
3 Brenda Edgar	W VIC	16.22m
4 Maria Hannam	W SA	15.95m
5 Claire Harmon	W	15.20m
6 Ros Lowe	W SA	14.00m
7 Cheryl Brodribb	W QLD	13.77m
8 Margaret Surman	W SA	12.90m
9 Mary Abery	W SA	11.34m
10 Betty Hawken	W QLD	7.38m

W65 Discus Throw

Record: R 19.12m 22/10/2002 June Preece, VIC

Name	Age Team	Finals
1 Margaret Hall	W SA	10.81m

W70 Discus Throw

Record: R 17.10m

Name	Age Team	Finals
1 Sue Green	W NT	16.89m
2 Nola Brockie	W NT	15.28m
3 Ena Honor	W SA	11.12m
4 Margaret Flanders	W WA	10.82m

W75 Discus Throw

Record: R 19.90m

Name	Age	Team	Finals
1 Valerie Worrell		W VIC	16.78m
2 Noela Medcalf		W WA	15.30m

M35 Discus Throw

Record: R 36.66m 23/10/2008 Alex Hamriding,			
Name	Age	Team	Finals
1 David Scott		M QLD	26.56m
2 Leigh Browell		M VIC	20.05m
3 Ronald Kemnitz		M NT	19.48m

M40 Discus Throw

Record: R 34.18m 23/10/2008 george Nakaora,			
Name	Age	Team	Finals
1 george Nakaora		M NT	35.22mR
2 David Dolman		M NT	22.73m
3 Lachlan John Thompson		M NT	20.20m
4 Martin Cushing		M NT	19.29m

M45 Discus Throw

Record: R 32.46m			
Name	Age	Team	Finals
1 Ken Dickson		M QLD	31.55m
2 Yarran Cavalier		M NT	25.46m
3 Charles Ritenour		M NT	18.76m

M50 Discus Throw

Record: R 39.98m			
Name	Age	Team	Finals
1 Darryl Selleck		M VIC	26.19m
2 Norman White		M SA	22.73m
3 Robbie Weatherald		M NT	18.25m
4 Martin Plumb		M VIC	17.02m
5 pete brady		M NT	12.39m

M55 Discus Throw

Record: R 37.41m			
Name	Age	Team	Finals
1 Grant Allan		M NT	27.94m
2 John Dunbar		M NT	25.85m
3 Bruce Bates		M QLD	21.39m
4 Peter Algie		M NT	16.77m

M60 Discus Throw

Record: R 43.53m			
Name	Age	Team	Finals
1 Paul Bryden		M NSW	35.52m
2 Anthony Sweeney		M QLD	26.63m
3 Don Taylor		M QLD	21.38m
4 Michael Roberts		M NT	20.01m
5 Brian Brodrigg		M QLD	17.48m

M65 Discus Throw

Record: R 34.88m 20/10/2002 Robin Herron, USA			
Name	Age	Team	Finals
1 Peter Bourke	M	VIC	27.74m
2 Selwyn Hawken	M	QLD	26.95m
3 Wayne Caddy	M	NSW	22.18m
4 Kevin Heintze	M	NT	21.16m
5 Trevor Henderson	M	SA	17.31m
6 Roger Lowe	M	SA	16.30m

M75 Discus Throw

Record: R 27.95m 20/10/2002 Arthur Grayburn, NZ			
Name	Age	Team	Finals
1 Colin Dickens	M	SA	15.31m

M80 Discus Throw

Record: R 21.83m 17/10/2004 Stan Stankovic, VIC			
Name	Age	Team	Finals
1 Gordon Medcalf	M	WA	14.50m
2 Bruce Campbell	M	TAS	11.72m
3 Arthur Ince	M		10.31m

W30 Hammer Throw

Record: R 17.00m 17/10/2004 Tammy H. Lehnert, QLD			
Name	Age	Team	Finals
1 Alex Barwick	W	NT	13.98m
2 Tanya Parkinson	W	NT	12.44m

W40 Hammer Throw

Record: R 25.16m			
Name	Age	Team	Finals
1 Sharon Dickson	W	QLD	23.08m
2 Sherree Menmuir	W		22.17m
3 Leanne Crellin	W	VIC	16.62m

W45 Hammer Throw

Record: R 20.57m 21/10/2008 Joanne Maree Van Zuylekom,			
Name	Age	Team	Finals
1 Joanne Maree Van Zuyleko	W	VIC	18.16m
2 Lesley Waterhouse	W	WA	16.10m
3 Sue Martin	W	NT	15.43m
4 Julie-Ann Bird	W	NT	12.69m

W50 Hammer Throw

Record: R 30.02m			
Name	Age	Team	Finals
1 Maureen Sweeney	W	QLD	21.66m
2 Jean Prior	W	VIC	21.55m
3 Marie Sowerby	W	NT	19.34m

W55 Hammer Throw

Record: R 33.24m

Name	Age Team	Finals
1 Teresa Canale	W VIC	25.89m
2 Barbara Brown	W WA	23.64m
3 Lyn Guelfi	W NT	20.69m
4 Beryl Edwards	W NT	15.67m
5 bev phelts	W NT	11.03m

W60 Hammer Throw

Record: R 40.85m 21/10/2002 Helen Searle, NSW

Name	Age Team	Finals
1 Cherie Dempsey	W SA	24.45m
2 Elaine Holmes	W WA	22.20m
3 Lorraine Mussett	W VIC	20.59m
4 Claire Harmon	W	19.64m
5 Margaret Surman	W SA	19.04m
6 Cheryl Brodribb	W QLD	16.60m
7 Veronica Williams	W NT	16.56m
8 Betty Hawken	W QLD	5.58m

W65 Hammer Throw

Record: R 23.21m 21/10/2002 Dorothy Whittam, WA

Name	Age Team	Finals
1 Rhondda Dundas	W VIC	30.44mR
2 Margaret Hall	W SA	15.55m

W70 Hammer Throw

Record: R 19.12m 22/10/2008 Nola Brockie,

Name	Age Team	Finals
1 Sue Green	W NT	19.34mR
2 Nola Brockie	W NT	18.40m
3 Ena Honor	W SA	12.55m

W75 Hammer Throw

Record: R 19.20m 22/10/2008 Glad McKeown,

Name	Age Team	Finals
1 Valerie Worrell	W VIC	29.00mR
2 Noela Medcalf	W WA	16.01m

M35 Hammer Throw

Record: R 29.85m 22/10/2008 Alex Hamriding,

Name	Age Team	Finals
1 Ronald Kemnitz	M NT	15.56m
2 Leigh Browell	M VIC	12.54m

M40 Hammer Throw

Record: R 31.64m 18/10/2004 Mike Runnels, NT

Name	Age Team	Finals
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1	george Nakaora	M NT	24.82m
2	David Dolman	M NT	22.36m
3	Martin Cushing	M NT	21.58m
4	Lachlan John Thompson	M NT	18.38m

M45 Hammer Throw

=====			
Record:	R 32.10m	21/10/2002	Barry Mullins, QLD
Name		Age Team	Finals
=====			
1	Ken Dickson	M QLD	25.17m
2	Yarran Cavalier	M NT	19.82m
3	Charles Ritenour	M NT	18.08m

M50 Hammer Throw

=====			
Record:	R 32.19m	22/10/2008	Darryl Selleck,
Name		Age Team	Finals
=====			
1	Darryl Selleck	M VIC	28.46m
2	pete brady	M NT	10.53m

M55 Hammer Throw

=====			
Record:	R 46.04m		
Name		Age Team	Finals
=====			
1	John Dunbar	M NT	24.19m

M60 Hammer Throw

=====			
Record:	R 29.85m	19/10/2004	Charles Palframan, SA
Name		Age Team	Finals
=====			
1	Gary Butterfield	M	24.08m
2	Don Taylor	M QLD	22.93m
3	Anthony Sweeney	M QLD	20.04m
4	Brian Brodribb	M QLD	19.29m

M65 Hammer Throw

=====			
Record:	R 37.25m	20/10/2002	Robin Herron, USA
Name		Age Team	Finals
=====			
1	Selwyn Hawken	M QLD	25.15m
2	Kevin Heintze	M NT	22.98m

M75 Hammer Throw

=====			
Record:	R 27.37m		
Name		Age Team	Finals
=====			
1	Colin Dickens	M SA	18.60m

M80 Hammer Throw

=====			
Record:	R 25.94m	17/10/2004	Stan Stankovic, VIC
Name		Age Team	Finals
=====			
1	Bruce Campbell	M TAS	10.29m

W30 Javelin Throw

=====

Record: R 43.80m

Name	Age Team	Finals
1 Deana Horwood	W NT	27.42m
2 Deanne Ward	W NT	19.51m
3 Alex Barwick	W NT	15.85m
4 Tanya Parkinson	W NT	10.67m

W40 Javelin Throw

Record: R 33.31m 21/10/2008 Sharyn Hunter,			Finals
Name	Age Team		Finals
1 Sharyn Hunter	W VIC		27.19m
2 Tanya Matthews	W QLD		21.83m
3 Kim Bradburn	W NT		17.47m
4 Sam McMahon	W NT		17.33m
5 Sharon Dickson	W QLD		16.92m
6 Sherree Menmuir	W		13.19m

W45 Javelin Throw

Record: R 29.88m			Finals
Name	Age Team		Finals
1 Lesley Waterhouse	W WA		24.22m
2 Joanne Maree Van Zuylenko	W VIC		18.54m
3 Anne Davey-Smith	W NT		12.85m
4 Sue Martin	W NT		11.25m
5 Julie-Ann Bird	W NT		10.67m

W50 Javelin Throw

Record: R 29.63m 18/10/2004 Glenda Hollis, SA			Finals
Name	Age Team		Finals
1 Jean Prior	W VIC		18.36m
2 Maureen Sweeney	W QLD		15.16m

W55 Javelin Throw

Record: R 25.96m			Finals
Name	Age Team		Finals
1 Barbara Brown	W WA		19.96m
2 Beryl Edwards	W NT		17.32m
3 Lyn Guelfi	W NT		16.85m
4 Gayle Cavanagh	W VIC		16.05m
5 Jan Bennett	W NT		12.85m
6 bev phelts	W NT		9.09m

W60 Javelin Throw

Record: R 25.13m 20/10/2002 Helen Searle, NSW			Finals
Name	Age Team		Finals
1 Cherie Dempsey	W SA		17.20m
2 Brenda Edgar	W VIC		15.38m
3 Elaine Holmes	W WA		15.01m
4 Maria Hannam	W SA		14.30m
5 Ros Lowe	W SA		14.24m
6 Claire Harmon	W		12.40m
7 Mary Abery	W SA		11.56m
8 Lorraine Mussett	W VIC		10.57m
9 Cheryl Brodribb	W QLD		10.05m

10 Betty Hawken	W QLD	9.01m
11 Margaret Surman	W SA	1.69m

W65 Javelin Throw

=====
Record: R 21.72m
Name Age Team Finals
=====

1 Rhondda Dundas	W VIC	17.50m
2 Janice Drost	W NSW	13.50m
3 Margaret Hall	W SA	13.01m

W70 Javelin Throw

=====
Record: R 15.95m 21/10/2008 Nola Brockie,
Name Age Team Finals
=====

1 Nola Brockie	W NT	14.75m
2 Sue Green	W NT	13.85m
3 Mary Heppell	W	10.31m
4 Margaret Flanders	W WA	10.12m
5 Ena Honor	W SA	9.98m
6 Maggie Roberts	W NT	8.49m

W75 Javelin Throw

=====
Record: R 15.88m
Name Age Team Finals
=====

1 Valerie Worrell	W VIC	13.61m
2 Noela Medcalf	W WA	10.85m

W80 Javelin Throw

=====
Record: R 8.32m 17/10/2004 Joyce Greaves, SA
Name Age Team Finals
=====

1 Betty Dobbie	W NSW	4.34m
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M35 Javelin Throw

=====
Record: R 43.68m
Name Age Team Finals
=====

1 Ronald Kemnitz	M NT	25.25m
2 mark stuart	M NT	25.20m
3 Leigh Browell	M VIC	22.10m

M40 Javelin Throw

=====
Record: R 46.48m
Name Age Team Finals
=====

1 Lachlan John Thompson	M NT	36.42m
2 george Nakaora	M NT	29.99m
3 David Dolman	M NT	27.56m
4 Martin Cushing	M NT	23.79m

M45 Javelin Throw

=====
Record: R 46.46m
Name Age Team Finals
=====

1 Yarran Cavalier	M NT	38.51m
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2	Ken Dickson	M QLD	37.68m
3	Charles Ritenour	M NT	24.23m

M50 Javelin Throw

Record: R 46.94m

Name	Age	Team	Finals
1 Darryl Selleck	M	VIC	34.19m
2 Mark Newstead	M	VIC	19.23m
3 Hayden Harrell	M	SA	15.09m

M55 Javelin Throw

Record: R 45.70m

Name	Age	Team	Finals
1 John Dunbar	M	NT	30.19m
2 Bruce Bates	M	QLD	27.98m
3 Peter Algie	M	NT	24.91m

M60 Javelin Throw

Record: R 39.76m

Name	Age	Team	Finals
1 Paul Bryden	M	NSW	34.79m
2 Anthony Sweeney	M	QLD	23.13m
3 Michael Roberts	M	NT	22.50m
4 Brian Brodribb	M	QLD	13.71m

M65 Javelin Throw

Record: R 43.16m

Name	Age	Team	Finals
1 Selwyn Hawken	M	QLD	28.65m
2 Peter Bourke	M	VIC	27.53m
3 Wayne Caddy	M	NSW	22.98m
4 Roger Lowe	M	SA	17.42m
5 Trevor Henderson	M	SA	10.98m

M75 Javelin Throw

Record: R 33.56m 22/10/2002 Arthur Grayburn, NZ

Name	Age	Team	Finals
1 Charles Crowley	M	QLD	19.43m
2 Ian Stewart	M	WA	19.23m
3 Colin Dickens	M	SA	12.48m

M80 Javelin Throw

Record: R 23.44m 19/10/2004 Stan Stankovic, VIC

Name	Age	Team	Finals
1 Arthur Ince	M		14.60m
2 Bruce Campbell	M	TAS	13.20m
3 Frank Bigg	M	NT	12.60m