

RESULTS TRACK AND FIELD 2016

M40 200 Meter Dash

Name	Age	Finals
Record: R 23.80		
Finals		
1 Scott, David	M43	27.63
2 Holdaway, Jeffrey	M42	28.85
3 Browell, Leigh	M42	32.31

W30 100 Meter Run

Name	Age	Finals
Record: R 13.50 1992 I Launo		
Finals		
1 Snell, Clancy	W34	15.21

W35 100 Meter Run

Name	Age	Finals
Record: R 12.88 1996 Y Mullins		
Finals		
1 Gee, Kerrie	W38	18.04

W45 100 Meter Run

Name	Age	Finals
Record: R 13.70 1986 W Ey		
Finals		
1 Hunter, Sharyn	W48	17.00

W50 100 Meter Run

Name	Age	Finals
Record: R 14.50 2000 H McDonald		
Finals		
1 Harrison-Smith, Maria	W50	15.94
2 Smith, Maureen	W52	17.19
3 Kinnaird, Carol	W51	20.21
4 Clayton, Robyne-Lee	W54	22.46

W55 100 Meter Run

Name	Age	Finals
Record: R 15.11 1988 D Pirie		
Finals		
1 Pulsford, Laurance	W56	17.36
2 Allan, Coral	W59	17.66
3 Williams-Kennedy, Denise	W59	18.39
4 Carr, Therese	W56	19.88
5 Lockey, Helen	W57	20.47

W60 100 Meter Run

Name	Age	Finals
Record: R 16.19 1996 B Byrne		
Finals		
1 Llewelyn, Shakuntala	W61	18.95

....W60 100 Meter Run

2 Martin, Steph	W60	19.23
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RESULTS TRACK AND FIELD 2016**W65 100 Meter Run**

Record: R 16.19 1992 G Davidson			
Name	Age	Finals	
1 Abrey, Mary	W66	18.68	
2 Edwards, Maree	W65	20.62	

W70 100 Meter Run

Record: R 18.32 14/10/2012 Ruth Johnson,			
Name	Age	Finals	
1 Foulds, Magnolia	W70	23.92	
2 Mitchell, Jill	W73	24.48	
3 Trengove, Margaret	W72	25.04	
4 Richter, Jenny	W71	33.29	

W75 100 Meter Run

Record: R 29.10 2000 M Osborne			
Name	Age	Finals	
-- Brockie, Nola	W78	DNF	

W85-100 100 Meter Run

Record: R 26.30 2000 M Russel			
Name	Age	Finals	
1 Gullock, Gladys	W88	30.11	

M30 100 Meter Run

Name	Age	Finals	
1 Varghese, Ajesh	M33	12.51	
2 McGargill, Gavin	M33	13.38	
3 Majad, Khan	M30	15.50	

M35 100 Meter Run

Record: R 11.57 1990 D Pease			
Name	Age	Finals	
1 White, Craig	M39	13.66	
2 Pearson, Greg	M37	14.07	
3 Shiju, George	M35	14.58	

M40 100 Meter Run

Record: R 11.38 1986 P Toyne			
Name	Age	Finals	
1 Ariston, Stephen	M40	13.08	
1 Scott, David	M43	13.08	
1 Black Cockatoo, Xanathan	M41	13.08	
4 Browell, Leigh	M42	14.67	

M45 100 Meter Run

Record: R 12.00 1992 G Clemens			
Name	Age	Finals	

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1	Wickremasena, Priyantha	M46	13.69
2	Windebank, Craig	M45	13.99
3	Fernandes, David	M47	14.56
4	Shaw, tim	M45	14.95

M50 100 Meter Run

Record: R 11.50 1986 R Austin
Name Age Finals

1	Dickson, Ken	M51	13.12
2	Johnson, Reggie	M50	13.89
3	Stewart, Owen	M53	15.55
4	Thompson, Lachlan	M50	15.81

M55 100 Meter Run

Record: R 12.10 1986 M Pirie
Name Age Finals

1	Reval, Gregory	M58	14.58
2	Day, Christopher	M56	16.15
3	White, Norman	M58	21.82

M60 100 Meter Run

Record: R 12.56 1988 R Hochreiter
Name Age Finals

1	Allan, Grant	M61	14.15
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M65 100 Meter Run

Record: R 13.49 1988 T Hishon
Name Age Finals

1	Donovan, Richard	M66	13.98
2	Roberts, Michael	M66	14.83
3	Hubbard, Alan	M66	15.33
4	Kapoulitsa, Arthur	M69	15.73
5	Saville, Peter	M68	17.53

M70 100 Meter Run

Record: R 14.50 1992 B Hogan
Name Age Finals

1	Hawken, Selwyn	M71	16.35
2	Doust, Robert	M72	20.07

M75 100 Meter Run

Record: R 15.65 14/10/2012 Donald Chambers,
Name Age Finals

1	Trengove, Colin	M79	20.38
2	Kimber, Dick	M77	48.66

M80 100 Meter Run

Record: R 17.87 17/10/2004 Don Frearson, WA

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Name	Age	Finals
1 Crowley, Charles	M83	18.22

M85-100 100 Meter Run

Record: R 16.90 1992 H Gathercole		
Name	Age	Finals
1 Medcalf, Gordon	M87	32.00

W30 200 Meter Run

Record: R 27.80		
Name	Age	Finals
1 Snell, Clancy	W34	33.25

W35 200 Meter Run

Record: R 27.50 22/10/2008 toni phillips,		
Name	Age	Finals
1 Gee, Kerrie	W38	40.69

W40 200 Meter Run

Record: R 29.40		
Name	Age	Finals
1 Leeson, Kelly	W40	35.78

W45 200 Meter Run

Record: R 29.10 22/10/2008 sue bourke,		
Name	Age	Finals
1 Hunter, Sharyn	W48	35.19
2 Dudley, Cheryl	W48	35.56

W50 200 Meter Run

Record: R 29.60		
Name	Age	Finals
1 Harrison-Smith, Maria	W50	34.56
2 Smith, Maureen	W52	37.62
3 Kinnaird, Carol	W51	45.44

W55 200 Meter Run

Record: R 31.40		
Name	Age	Finals
1 Pulsford, Laurance	W56	38.06
2 Carr, Therese	W56	42.50
3 Lockey, Helen	W57	45.03
4 Barker, Anne	W59	49.00

W60 200 Meter Run

Record: R 31.19		
Name	Age	Finals

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1	Edwards, Beryl	W61	40.15
2	Llewelyn, Shakuntala	W61	44.69
3	Bennett, Jan	W62	1:00.34

W65 200 Meter Run

Record: R 34.84 21/10/2002 Miriam Cudmore, SA

Name	Age	Finals
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1	Abrey, Mary	W66	40.90
2	Edwards, Maree	W65	56.81

W70 200 Meter Run

Record: R 38.70 15/10/2012 Ruth Johnson,

Name	Age	Finals
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1	Foulds, Magnolia	W70	55.81
2	Trengove, Margaret	W72	58.75

W75 200 Meter Run

Record: R 1:12.30

Name	Age	Finals
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1	Heppell, Mary	W79	1:18.75
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M30 200 Meter Run

Name	Age	Finals	
1	Majad, Khan	M30	27.54
2	Varghese, Ajesh	M33	29.44
3	McGargill, Gavin	M33	30.32

M35 200 Meter Run

Record: R 23.20

Name	Age	Finals
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1	Shiju, George	M35	28.72
2	White, Craig	M39	29.97

M45 200 Meter Run

Record: R 24.00

Name	Age	Finals
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1	Wickremasena, Priyantha	M46	29.10
2	Windebank, Craig	M45	30.10
3	Shaw, tim	M45	31.16

M50 200 Meter Run

Record: R 23.50

Name	Age	Finals
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1	Johnson, Reggie	M50	25.00
2	Dickson, Ken	M51	26.00
3	smith, Peter	M50	27.00

M55 200 Meter Run

RESULTS TRACK AND FIELD 2016

Record: R 25.20

Name	Age	Finals
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1 Reval, Gregory	M58	30.28
2 Day, Christopher	M56	33.25
3 Dobbie, William	M58	33.53
4 White, Norman	M58	35.47

M60 200 Meter Run

Record: R 26.80

Name	Age	Finals
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1 Allan, Grant	M61	30.88
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M65 200 Meter Run

Record: R 28.49

Name	Age	Finals
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1 Donovan, Richard	M66	30.13
2 Hubbard, Alan	M66	33.22
3 Roberts, Michael	M66	33.84
4 Kapoulitsa, Arthur	M69	34.88

M70 200 Meter Run

Record: R 30.00

Name	Age	Finals
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1 Hawken, Selwyn	M71	34.88
2 Doust, Robert	M72	44.00

M75 200 Meter Run

Record: R 33.50 15/10/2012 Donald Chambers,

Name	Age	Finals
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1 Trengove, Colin	M79	43.66
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M80 200 Meter Run

Record: R 38.80

Name	Age	Finals
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1 Crowley, Charles	M83	46.28
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W30 400 Meter Run

Record: R 1:00.18

Name	Age	Finals
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1 Cacauas, Kat	W30	1:14.47
2 Snell, Clancy	W34	1:21.82

W45 400 Meter Run

Record: R 1:07.00 23/10/2008 sue bourke,

Name	Age	Finals
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1 Dudley, Cheryl	W48	1:25.44
2 Hunter, Sharyn	W48	1:26.21

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W50 400 Meter Run

Record: R 1:13.25

Name	Age	Finals
1 Smith, Maureen	W52	1:31.63
2 Kinnaird, Carol	W51	2:06.69

W55 400 Meter Run

Record: R 1:18.88

Name	Age	Finals
1 Pulsford, Laurance	W56	1:29.03
2 Lockey, Helen	W57	1:43.85
3 Carr, Therese	W56	1:54.21

W60 400 Meter Run

Record: R 1:25.90

Name	Age	Finals
1 Llewelyn, Shakuntala	W61	2:01.84

W65 400 Meter Run

Record: R 1:22.45 22/10/2002 Miriam Cudmore, SA

Name	Age	Finals
1 Abrey, Mary	W66	1:35.50
2 Edwards, Maree	W65	2:05.66

W70 400 Meter Run

Record: R 1:35.38 16/10/2012 Ruth Johnson,

Name	Age	Finals
1 Trengove, Margaret	W72	2:17.81
2 Foulds, Magnolia	W70	2:44.29
3 Mitchell, Jill	W73	3:04.65

M30 400 Meter Run

Name	Age	Finals
1 Majad, Khan	M30	1:03.08

M35 400 Meter Run

Record: R 53.22

Name	Age	Finals
1 White, Craig	M39	1:07.22
2 Shiju, George	M35	1:11.38
3 Siew, Eu Ho	M39	1:14.00

M40 400 Meter Run

Record: R 54.20

Name	Age	Finals
1 Black Cockatoo, Xanathan	M41	1:04.03

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2	Scott, David	M43	1:06.87
3	Holdaway, Jeffrey	M42	1:08.28

M45 400 Meter Run

Record: R 55.37

Name	Age	Finals
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1	Wickremasena, Priyantha	M46	1:09.03
2	Windebank, Craig	M45	1:12.40

M50 400 Meter Run

Record: R 56.80

Name	Age	Finals
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1	Reeve, David	M50	1:04.22
2	Johnson, Reggie	M50	1:07.03
3	Dickson, Ken	M51	1:07.28
4	Smith, Dale	M50	1:19.07
5	Stewart, Owen	M53	1:24.97
6	McConnell, Peter	M52	1:36.31

M55 400 Meter Run

Record: R 1:00.19

Name	Age	Finals
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1	Reval, Gregory	M58	1:13.56
2	Day, Christopher	M56	1:19.53
3	White, Norman	M58	1:24.25

M60 400 Meter Run

Record: R 1:00.19

Name	Age	Finals
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1	Allan, Grant	M61	1:10.78
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M65 400 Meter Run

Record: R 1:04.85

Name	Age	Finals
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1	Hubbard, Alan	M66	1:24.28
2	Roberts, Michael	M66	1:24.53
3	Walton, John	M68	2:12.44

M70 400 Meter Run

Record: R 1:16.42

Name	Age	Finals
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1	Hawken, Selwyn	M71	1:35.31
2	Doust, Robert	M72	1:55.50

M75 400 Meter Run

Record: R 1:28.53 16/10/2012 Donald Chambers,

Name	Age	Finals
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1	Trengove, Colin	M79	2:00.19
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RESULTS TRACK AND FIELD 2016**M80 400 Meter Run**

Record: R 1:32.30 23/10/2008 Robert Lewis,		
Name	Age	Finals
1 Johnstone, Peter	M80	2:35.34

W30 800 Meter Run

Record: R 2:39.68 14/10/2012 Andrea Foot,		
Name	Age	Finals
1 Snell, Clancy	W34	3:17.26

W35 800 Meter Run

Record: R 2:31.52		
Name	Age	Finals
1 Gee, Kerrie	W38	4:13.27

W45 800 Meter Run

Record: R 2:40.62		
Name	Age	Finals
1 Suffolk, Cristine	W46	2:53.85
2 Hunter, Sharyn	W48	3:19.17

W50 800 Meter Run

Record: R 2:45.50 14/10/2012 Donna Burgess, VIC		
Name	Age	Finals
1 Smith, Maureen	W52	3:26.25
2 Clayton, Robyne-Lee	W54	4:59.15

W55 800 Meter Run

Record: R 3:05.20		
Name	Age	Finals
1 Pulsford, Laurance	W56	3:36.50
2 Lockey, Helen	W57	3:55.67
3 Allan, Coral	W59	4:31.46
4 Carr, Therese	W56	4:48.81

W60 800 Meter Run

Record: R 3:12.70		
Name	Age	Finals
1 Guelfi, Lyn	W62	4:36.66

W65 800 Meter Run

Record: R 3:25.39		
Name	Age	Finals
1 Abrey, Mary	W66	3:56.22
2 Edwards, Maree	W65	4:12.29
3 Dempsey, Cherie	W66	7:33.41

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W70 800 Meter Run

Record: R 4:22.39

Name	Age	Finals
1 Trengove, Margaret	W72	5:21.87
2 Foulds, Magnolia	W70	6:43.35

W75 800 Meter Run

Record: R 4:44.79

Name	Age	Finals
1 Howard, Sheila	W76	5:05.16

M30 800 Meter Run

Name	Age	Finals
1 McGargill, Gavin	M33	2:48.00

M35 800 Meter Run

Record: R 2:06.20

Name	Age	Finals
1 White, Bradley	M37	2:20.00
2 White, Craig	M39	2:50.00
3 Siew, Eu Ho	M39	2:55.00

M40 800 Meter Run

Record: R 2:05.20

Name	Age	Finals
1 Black Cockatoo, Xanathan	M41	2:40.00
2 Browell, Leigh	M42	2:46.00
3 Ariston, Stephen	M40	3:05.00

M45 800 Meter Run

Record: R 2:09.78

Name	Age	Finals
1 Wickremasena, Priyantha	M46	2:57.00

M50 800 Meter Run

Record: R 2:11.29

Name	Age	Finals
1 Johnson, Reggie	M50	2:57.00
2 Stewart, Owen	M53	3:11.00
3 Evans, Colin	M53	3:15.00

M55 800 Meter Run

Record: R 2:33.30

Name	Age	Finals
1 Dawson, Mark	M55	2:31.00R
2 Lyon, Bruce	M58	3:05.00

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3 Day, Christopher	M56	3:06.00
4 White, Norman	M58	4:12.00

M60 800 Meter Run

Record: R 2:35.99

Name	Age	Finals
1 Allan, Grant	M61	2:52.00

M65 800 Meter Run

Record: R 2:33.81

Name	Age	Finals
1 Walton, John	M68	3:03.00
2 Hubbard, Alan	M66	3:07.00
3 Roberts, Michael	M66	3:59.00

M70 800 Meter Run

Record: R 2:56.97

Name	Age	Finals
1 Doust, Robert	M72	4:02.00
2 Hawken, Selwyn	M71	4:25.00

M75 800 Meter Run

Record: R 3:19.20

Name	Age	Finals
1 Trengove, Colin	M79	4:30.00
2 Hobbs, Tom	M79	5:00.00

W40 1500 Meter Run

Name	Age	Finals
1 Poole, Melanie	W44	8:20.39

W45 1500 Meter Run

Name	Age	Finals
1 Suffolk, Cristine	W46	5:49.57
2 Hunter, Sharyn	W48	7:37.39

W55 1500 Meter Run

Name	Age	Finals
1 Summers, Helen	W55	6:35.10
2 Cook, Leanne	W56	6:41.63
3 Lockey, Helen	W57	7:59.94
4 Carr, Therese	W56	10:19.60

W60 1500 Meter Run

Name	Age	Finals
1 Llewelyn, Shakuntala	W61	10:04.69

RESULTS TRACK AND FIELD 2016**W65 1500 Meter Run**

Name	Age	Finals
1 Abrey, Mary	W66	8:11.88
2 Edwards, Maree	W65	8:17.13

W75 1500 Meter Run

Name	Age	Finals
1 Howard, Sheila	W76	10:11.29

M35 1500 Meter Run

Record: R 4:24.20 1988	Adrian Wellington,	
Name	Age	Finals
1 White, Bradley	M37	4:59.97
2 White, Craig	M39	6:10.52

M40 1500 Meter Run

Record: R 4:26.38 1988	John Bell,	
Name	Age	Finals
1 Browell, Leigh	M42	5:55.19

M45 1500 Meter Run

Record: R 4:31.10 1992	John Bell, NT	
Name	Age	Finals
1 Wickremasena, Priyantha	M46	7:11.59

M50 1500 Meter Run

Name	Age	Finals
1 Smith, Dale	M50	6:38.57
2 Johnson, Reggie	M50	6:54.19

M55 1500 Meter Run

Record: R 5:12.90 1992	John Noort, NT	
Name	Age	Finals
1 Dawson, Mark	M55	5:26.00
2 Lyon, Bruce	M58	6:18.22
3 Day, Christopher	M56	6:54.58
4 White, Norman	M58	8:21.72
5 Cameron, Robert	M58	8:59.57

M60 1500 Meter Run

Record: R 5:18.98 1990	Peter Couattie, NSW	
Name	Age	Finals
1 Allan, Grant	M61	6:25.47

M65 1500 Meter Run

Name	Age	Finals
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1 Walton, John	M68	6:25.69
2 heggie, Hugh	M65	7:35.07

M70 1500 Meter Run

Name	Age	Finals
1 Doust, Robert	M72	8:13.79
2 Hawken, Selwyn	M71	9:47.97

M75 1500 Meter Run

Name	Age	Finals
1 Trengove, Colin	M79	9:41.88
2 Hobbs, Tom	M79	9:47.04

W35 3000 Meter Run

Name	Age	Finals
Record: R 10:33.67 1994 Marcia Shee, NSW		
1 Gee, Kerrie	W38	20:23.78

W40 3000 Meter Run

Name	Age	Finals
Record: R 11:47.00 15/10/2012 Christine Suffolk,		
1 Poole, Melanie	W44	17:48.00

W45 3000 Meter Run

Name	Age	Finals
Record: R 11:56.00 15/10/2012 Elizabeth Slattery,		
1 Suffolk, Cristine	W46	11:53.78R
2 Hunter, Sharyn	W48	14:50.62

W55 3000 Meter Run

Name	Age	Finals
Record: R 13:33.90 1992 Anne Young, VIC		
1 Summers, Helen	W55	13:40.42
2 Cook, Leanne	W56	14:34.75
3 Lockey, Helen	W57	16:42.16
4 Carr, Therese	W56	22:18.37

W65 3000 Meter Run

Name	Age	Finals
Record: R 14:34.91 1990 Thelma Davies		
1 Edwards, Maree	W65	18:39.48

W75 3000 Meter Run

Name	Age	Finals
Record: R 19:44.44 1988 Arley Nicholls, SA		
1 Howard, Sheila	W76	20:39.94

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M35 3000 Meter Run

Record: R 9:09.74 1988 Adrian Wellington,			
Name	Age		Finals
1 White, Bradley	M37		10:34.56
2 White, Craig	M39		14:40.47

M40 3000 Meter Run

Record: R 9:10.27 1990 Adrian Wellington,			
Name	Age		Finals
1 Browell, Leigh	M42		12:41.75

M45 3000 Meter Run

Record: R 9:35.70 1992 John Bell, NT			
Name	Age		Finals
1 Wickremasena, Priyantha	M46		16:11.10

M50 3000 Meter Run

Record: R 10:05.86 1998 John Bell, SA			
Name	Age		Finals
1 Evans, Colin	M53		16:04.85

M55 3000 Meter Run

Record: R 11:19.48 2002 Norris Wyatt, NT			
Name	Age		Finals
1 Dawson, Mark	M55		12:31.16
2 Lyon, Bruce	M58		13:38.44
3 White, Norman	M58		20:09.07
4 Cameron, Robert	M58		21:05.54

M60 3000 Meter Run

Record: R 11:30.70 1992 David Padgett, NZ			
Name	Age		Finals
1 Allan, Grant	M61		13:02.60

M65 3000 Meter Run

Record: R 12:09.00 15/10/2012 Stephen Sullivan,			
Name	Age		Finals
1 Walton, John	M68		14:10.22
2 heggie, Hugh	M65		17:14.60

M70 3000 Meter Run

Record: R 13:47.00 15/10/2012 David Close, SA			
Name	Age		Finals
1 Doust, Robert	M72		18:30.75
2 Hawken, Selwyn	M71		21:43.25

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Record: R 14:45.80 1986 Stan Nicholls, VIC		
Name	Age	Finals
1 Hobbs, Tom	M79	21:21.10

W35 High Jump

Record: R 1.36m 21/10/2008 Teena Wilson,		
Name	Age	Finals
1 Gee, Kerrie	W38	1.00m

W45 High Jump

Record: R 1.34m 17/10/2004 Alex Lloyd, ACT		
Name	Age	Finals
1 Hunter, Sharyn	W48	1.05m
2 Nayda, Samantha	W49	0.85m

W50 High Jump

Record: R 1.26m		
Name	Age	Finals
1 Kinnaird, Carol	W51	1.13m
2 Harrison-Smith, Maria	W50	1.10m
3 Martin, Suzanne	W53	0.75m

W55 High Jump

Record: R 1.19m		
Name	Age	Finals
1 Van Zuylekom, Joanne	W55	1.05m
2 Prior, Jean	W57	1.00m
3 Carr, Therese	W56	0.95m

W60 High Jump

Record: R 1.18m		
Name	Age	Finals
1 Martin, Steph	W60	1.05m
2 Guelfi, Lyn	W62	J1.05m

W65 High Jump

Record: R 1.18m		
Name	Age	Finals
1 Abrey, Mary	W66	0.90m

W70 High Jump

Record: R 1.07m		
Name	Age	Finals
1 Foulds, Magnolia	W70	0.72m

M30 High Jump

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Name	Age	Finals
1 Couzens, Matthew	M30	1.40m
2 McGargill, Gavin	M33	1.30m
3 Varghese, Ajesh	M33	1.20m

M35 High Jump

Record: R 1.80m 21/10/2008 Marcus Wickham,		
Name	Age	Finals
1 Pearson, Greg	M37	1.30m
2 Shultz, Terry	M35	1.20m

M40 High Jump

Record: R 1.66m		
Name	Age	Finals
1 Scott, David	M43	1.40m
2 Browell, Leigh	M42	1.20m

M45 High Jump

Record: R 1.56m		
Name	Age	Finals
1 Wickremasena, Priyantha	M46	1.00m

M50 High Jump

Record: R 1.52m		
Name	Age	Finals
1 Dickson, Ken	M51	1.30m
2 Stewart, Owen	M53	1.25m
2 Thompson, Lachlan	M50	1.25m

M55 High Jump

Record: R 1.50m		
Name	Age	Finals
1 Shelever, Volodymyr	M55	1.64mR
2 Cavalier, Yarran	M55	1.20m
3 White, Norman	M58	1.05m

M60 High Jump

Record: R 1.45m		
Name	Age	Finals
1 Allan, Grant	M61	1.25m

M65 High Jump

Record: R 1.30m		
Name	Age	Finals
1 Roberts, Michael	M66	1.25m
2 Hubbard, Alan	M66	0.97m

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M70 High Jump

Record: R 1.22m 18/10/2004 Dennis Peck, SA		
Name	Age	Finals
1 Hawken, Selwyn	M71	1.17m
2 Doust, Robert	M72	1.02m

M80 High Jump

Record: R 0.95m		
Name	Age	Finals
1 Crowley, Charles	M83	1.02mR

W35 Long Jump

Record: R 4.61m		
Name	Age	Finals
1 Gee, Kerrie	W38	2.90m

W45 Long Jump

Record: R 4.73m 9/10/2010 Tracy Farrell, VIC		
Name	Age	Finals
1 Hunter, Sharyn	W48	3.80m
2 Nayda, Samantha	W49	1.49m

W50 Long Jump

Record: R 4.17m		
Name	Age	Finals
1 Kinnaird, Carol	W51	3.11m
2 Sleep, Lynlee	W52	2.21m
3 Martin, Suzanne	W53	1.52m

W55 Long Jump

Record: R 3.98m 21/10/2002 Janet Jarvis, WA		
Name	Age	Finals
1 Allan, Coral	W59	2.54m

W60 Long Jump

Record: R 3.27m		
Name	Age	Finals
1 Guelfi, Lyn	W62	2.99m
2 Edwards, Beryl	W61	2.58m
3 Martin, Steph	W60	2.36m
4 Parker, Cherryl	W63	2.22m

W65 Long Jump

Record: R 3.58m		
Name	Age	Finals
1 Abrey, Mary	W66	2.53m

RESULTS TRACK AND FIELD 2016

W70 Long Jump

Record: R 2.86m 15/10/2012 Ruth Johnson,		
Name	Age	Finals
1 Dundas, Rhondda	W72	2.43m
2 Foulds, Magnolia	W70	2.20m

W75 Long Jump

Name	Age	Finals
1 Brockie, Nola	W78	1.99m

M30 Long Jump

Name	Age	Finals
1 McGargill, Gavin	M33	4.06m

M35 Long Jump

Record: R 5.85m 23/10/2008 Yevgeniy Tkachenko,		
Name	Age	Finals
1 Siew, Eu Ho	M39	3.93m
2 Ross, Stuart	M39	3.88m

M40 Long Jump

Record: R 5.75m 22/10/2002 Clarrie Whitaker, SA		
Name	Age	Finals
1 Scott, David	M43	5.04m

M45 Long Jump

Record: R 5.76m		
Name	Age	Finals
1 Wickremasena, Priyantha	M46	3.34m

M50 Long Jump

Record: R 5.46m		
Name	Age	Finals
1 smith, Peter	M50	4.37m
2 Dickson, Ken	M51	4.33m
3 Thompson, Lachlan	M50	3.78m
4 Stewart, Owen	M53	3.77m

...M50 Long Jump

5 Johnson, Reggie	M50	3.58m
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M55 Long Jump

Record: R 5.15m		
Name	Age	Finals
1 Day, Christopher	M56	3.44m
2 Ritenour, Charles	M55	2.23m

RESULTS TRACK AND FIELD 2016

M60 Long Jump

Record: R 4.68m		
Name	Age	Finals
1 Allan, Grant	M61	3.92m

M65 Long Jump

Record: R 4.23m		
Name	Age	Finals
1 Hubbard, Alan	M66	3.30m
1 Donovan, Richard	M66	3.30m
3 Wood, Gerry	M66	3.26m
4 Roberts, Michael	M66	2.23m

M70 Long Jump

Record: R 4.09m 21/10/2008 Donald Chambers,		
Name	Age	Finals
1 Hawken, Selwyn	M71	3.00m
2 Doust, Robert	M72	2.75m

M80 Long Jump

Record: R 2.87m 17/10/2004 Stan Stankovic, VIC		
Name	Age	Finals
1 Crowley, Charles	M83	3.14mR
2 Stewart, Ian	M81	2.84m

W35 Triple Jump

Record: R 9.30m		
Name	Age	Finals
1 Gee, Kerrie	W38	6.54m

W45 Triple Jump

Record: R 9.09m		
Name	Age	Finals
1 Hunter, Sharyn	W48	7.66m

...W45 Triple Jump

2 Nayda, Samantha	W49	3.82m
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W50 Triple Jump

Record: R 8.45m		
Name	Age	Finals
1 Harrison-Smith, Maria	W50	8.21m
2 Kinnaird, Carol	W51	7.05m
3 Sleep, Lynlee	W52	5.60m
4 Martin, Suzanne	W53	3.24m

W55 Triple Jump

RESULTS TRACK AND FIELD 2016

Record: R 8.50m 22/10/2002 Janet Jarvis, WA

Name	Age	Finals
1 Van Zuylenkom, Joanne	W55	7.08m

W60 Triple Jump

Record: R 7.33m

Name	Age	Finals
1 Guelfi, Lyn	W62	6.65m
2 Edwards, Beryl	W61	5.94m
3 Parker, Cherryl	W63	5.21m

W65 Triple Jump

Record: R 7.51m

Name	Age	Finals
1 Abrey, Mary	W66	5.59m

W70 Triple Jump

Record: R 6.48m 16/10/2012 Ruth Johnson,

Name	Age	Finals
1 Foulds, Magnolia	W70	4.35m

W75 Triple Jump

Name	Age	Finals
1 Brockie, Nola	W78	4.80m

M30 Triple Jump

Name	Age	Finals
1 McGargill, Gavin	M33	7.83m
2 Varghese, Ajesh	M33	5.13m

M35 Triple Jump

Record: R 13.42m 22/10/2008 Yevgeniy Tkachenko,

Name	Age	Finals
1 Siew, Eu Ho	M39	8.59m
2 Pearson, Greg	M37	8.19m

M40 Triple Jump

Record: R 12.00m

Name	Age	Finals
1 Scott, David	M43	10.47m
2 Ariston, Stephen	M40	10.07m
3 Browell, Leigh	M42	7.37m

M50 Triple Jump

Record: R 11.99m

Name	Age	Finals
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RESULTS TRACK AND FIELD 2016

1 Johnson, Reggie	M50	7.97m
1 Thompson, Lachlan	M50	7.97m

M55 Triple Jump

Record: R 10.45m

Name	Age	Finals
1 Shelever, Volodymyr	M55	9.88m
2 Cavalier, Yarran	M55	7.96m
3 Day, Christopher	M56	6.78m
4 White, Norman	M58	6.61m
5 Ritenour, Charles	M55	3.84m

M60 Triple Jump

Record: R 9.77m

Name	Age	Finals
1 Allan, Grant	M61	8.45m

M65 Triple Jump

Record: R 8.75m

Name	Age	Finals
1 Roberts, Michael	M66	7.20m

M70 Triple Jump

Record: R 8.06m

Name	Age	Finals
1 Hawken, Selwyn	M71	7.05m
2 Doust, Robert	M72	5.94m

M80 Triple Jump

Record: R 5.98m

Name	Age	Finals
1 Crowley, Charles	M83	6.26mR
2 Stewart, Ian	M81	5.41m

W35 Shot Put

Record: R 10.12m

Name	Age	Finals
1 Gee, Kerrie	W38	5.58m

W45 Shot Put

Record: R 8.77m 19/10/2004 Bev Virgin, SA

Name	Age	Finals
1 Nayda, Samantha	W49	6.71m
2 Hunter, Sharyn	W48	6.25m
3 Wickremasena, Anita	W47	4.56m

W50 Shot Put

Record: R 9.65m 20/10/2002 Carolyn Mackay, VIC

RESULTS TRACK AND FIELD 2016

Name	Age	Finals
1 Kinnaird, Carol	W51	6.40m
2 Martin, Suzanne	W53	4.27m

W55 Shot Put

Record: R 9.55m		
Name	Age	Finals
1 Allan, Coral	W59	8.31m
2 Preece, Sally	W58	7.15m
3 Sawyer, Michelle	W56	6.82m
4 Sowerby, Marie	W58	6.74m
5 Carr, Therese	W56	6.09m
6 Hawkett, Christine	W59	5.68m
7 Gill, Sharon	W55	5.57m
8 Cunynghame, Cheryl	W56	5.02m

W60 Shot Put

Record: R 11.11m 21/10/2002 Helen Searle, NSW		
Name	Age	Finals
1 Llewelyn, Shakuntala	W61	7.42m
2 Walton, Jacqueline	W62	6.79m
3 Brown, Barbara	W62	6.66m
4 Guelfi, Lyn	W62	6.49m
5 Edwards, Beryl	W61	6.48m
6 Bennett, Jan	W62	6.41m
7 Mudge, Shirley	W60	6.38m

...W60 Shot Put

8 Martin, Steph	W60	6.07m
9 Truscott, Bronwyn	W62	5.85m
10 Dalwood-Mason, Kathleen	W63	5.69m
11 Parker, Cherryl	W63	5.01m
12 Brodrick, Teresa	W64	4.76m
13 Prior, Valerie	W61	4.75m
14 Turner, Julie	W61	4.44m

W65 Shot Put

Record: R 7.74m 20/10/2002 Dorothy Whittam, WA		
Name	Age	Finals
1 Dempsey, Cherie	W66	6.94m
2 Walsh, Jenny	W67	5.41m
3 Abrey, Mary	W66	5.19m

W70 Shot Put

Record: R 6.41m 16/10/2012 Sue Green, NT		
Name	Age	Finals
1 Dundas, Rhondda	W72	8.18mR
2 Williams, Veronica Jean	W70	4.80m
3 Foulds, Magnolia	W70	3.79m

W75 Shot Put

Record: R 5.84m		
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RESULTS TRACK AND FIELD 2016

Name	Age	Finals
1 Roberts, Margaret	W79	5.27m

M30 Shot Put

Record: R 11.53m 14/10/2012 Russell Young,		
Name	Age	Finals
1 McGargill, Gavin	M33	7.42m
2 Varghese, Ajesh	M33	6.73m

M35 Shot Put

Record: R 12.70m		
Name	Age	Finals
1 Shultz, Terry	M35	10.11m
2 Ross, Stuart	M39	9.41m
3 Pearson, Greg	M37	9.11m

M40 Shot Put

Record: R 12.38m		
Name	Age	Finals
1 Scott, David	M43	8.88m

...M40 Shot Put

2 Browell, Leigh	M42	1.33m
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M45 Shot Put

Record: R 11.39m		
Name	Age	Finals
1 Llewellyn, Darren	M46	8.75m

M50 Shot Put

Record: R 13.19m		
Name	Age	Finals
1 Nakaora, George	M50	10.22m
2 Dickson, Ken	M51	10.09m
3 Thompson, Lachlan	M50	8.85m
4 Stewart, Owen	M53	7.93m
5 Pearse, Peter	M51	7.12m

M55 Shot Put

Record: R 12.45m		
Name	Age	Finals
1 Shelever, Volodymyr	M55	10.79m
2 Cavalier, Yarran	M55	10.03m
3 Ritenour, Charles	M55	8.36m
4 White, Norman	M58	6.69m

M60 Shot Put

Record: R 12.31m		
Name	Age	Finals

RESULTS TRACK AND FIELD 2016

1 Fielder, Wayne	M62	9.76m
2 Lee, David	M62	9.55m
2 Allan, Grant	M61	9.55m

M65 Shot Put

Record: R 10.37m 20/10/2002 Robin Herron, USA

Name	Age	Finals
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1 Petrie, Hamish	M69	9.91m
2 Roberts, Michael	M66	8.19m
3 Hasset, Paul	M66	7.47m
4 Walton, John	M68	4.55m

M70 Shot Put

Record: R 10.15m

Name	Age	Finals
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1 Butterfield, Gary	M70	9.19m
2 Hawken, Selwyn	M71	8.07m

M75 Shot Put

Record: R 9.35m 14/10/2012 Donald Chambers,

Name	Age	Finals
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1 Kimber, Dick	M77	3.77m
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M80 Shot Put

Record: R 7.45m 18/10/2004 Stan Stankovic, VIC

Name	Age	Finals
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1 Stewart, Ian	M81	6.56m
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W35 Discus Throw

Record: R 33.10m

Name	Age	Finals
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1 Meade, Megan	W39	15.05m
2 Gee, Kerrie	W38	14.90m

W45 Discus Throw

Record: R 28.62m

Name	Age	Finals
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1 Nayda, Samantha	W49	19.77m
2 Hunter, Sharyn	W48	13.96m
3 Wickremasena, Anita	W47	10.86m

W50 Discus Throw

Record: R 24.58m

Name	Age	Finals
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1 Dickson, Sharon	W50	15.81m
2 Roberts, Sharyn	W54	13.57m
3 Sleep, Lynlee	W52	11.09m

RESULTS TRACK AND FIELD 2016

4 Neville, Diane	W50	10.93m
5 Martin, Suzanne	W53	10.51m

W55 Discus Throw

Record: R 20.17m 15/10/2012 Joanne Pronk,		
Name	Age	Finals
1 Allan, Coral	W59	21.24mR
2 Carr, Therese	W56	21.03mR
3 Williams-Kennedy, Denise	W59	19.99m
4 Sawyer, Michelle	W56	16.14m
5 Preece, Sally	W58	15.43m
6 Sowerby, Marie	W58	12.11m
7 Cunynghame, Cheryl	W56	11.87m
8 Gill, Sharon	W55	9.67m
9 Hawkett, Christine	W59	8.43m

W60 Discus Throw

Record: R 26.53m 20/10/2002 Helen Searle, NSW		
Name	Age	Finals
1 Walton, Jacqueline	W62	18.74m
2 Llewelyn, Shakuntala	W61	17.68m
3 Edwards, Beryl	W61	16.47m
4 Guelfi, Lyn	W62	16.25m
5 Bennett, Jan	W62	15.87m
6 Truscott, Bronwyn	W62	13.55m
7 Prior, Valerie	W61	11.39m
8 Parker, Cherryl	W63	10.28m

W65 Discus Throw

Record: R 19.12m 22/10/2002 June Preece, VIC		
Name	Age	Finals
1 Dempsey, Cherie	W66	16.75m
2 Abrey, Mary	W66	15.31m
3 Walsh, Jenny	W67	12.23m

W70 Discus Throw

Record: R 17.10m		
Name	Age	Finals
1 Dundas, Rhondda	W72	20.12mR
2 Hamill, Barb	W71	13.43m
3 Williams, Veronica Jean	W70	13.18m
4 Foulds, Magnolia	W70	8.67m

W75 Discus Throw

Record: R 19.90m		
Name	Age	Finals
1 Brockie, Nola	W78	15.32m

M30 Discus Throw

Record: R 36.14m 16/10/2012 Russell Young,		
Name	Age	Finals

RESULTS TRACK AND FIELD 2016

1	McGargill, Gavin	M33	16.97m
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M35 Discus Throw

Record: R	36.66m	23/10/2008	Alex Hamriding,	
Name		Age		Finals

1	Ross, Stuart	M39	24.54m
2	Shultz, Terry	M35	21.13m

M40 Discus Throw

Record: R	34.18m	23/10/2008	george Nakaora,	
Name		Age		Finals

1	Scott, David	M43	27.73m
2	Ariston, Stephen	M40	25.46m
3	Browell, Leigh	M42	17.82m

M45 Discus Throw

Record: R	32.53m	16/10/2012	Bradley Monk,	
Name		Age		Finals

1	Llewellyn, Darren	M46	21.10m
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M50 Discus Throw

Record: R	39.98m			
Name		Age		Finals

1	Dickson, Ken	M51	37.49m
2	Nakaora, George	M50	36.34m
3	Stewart, Owen	M53	23.78m
4	Thompson, Lachlan	M50	22.60m
5	Pearse, Peter	M51	17.00m
6	Johnson, Reggie	M50	15.68m

M55 Discus Throw

Record: R	37.41m			
Name		Age		Finals

1	Ritenour, Charles	M55	23.36m
2	Day, Christopher	M56	19.44m
3	White, Norman	M58	19.04m

M60 Discus Throw

Record: R	43.53m			
Name		Age		Finals

1	Fielder, Wayne	M62	33.93m
2	Allan, Grant	M61	33.89m
3	Lee, David	M62	28.74m

M65 Discus Throw

Record: R	34.88m	20/10/2002	Robin Herron, USA	
Name		Age		Finals

RESULTS TRACK AND FIELD 2016

1	Roberts, Michael	M66	23.26m
2	Petrie, Hamish	M69	22.22m
3	Hassett, Paul	M66	19.40m
4	Donovan, Richard	M66	16.77m
5	Walton, John	M68	10.84m

M70 Discus Throw

Record: R 35.64m

Name	Age	Finals
1 Hawken, Selwyn	M71	25.72m
2 Butterfield, Gary	M70	23.53m

M80 Discus Throw

Record: R 21.83m 17/10/2004 Stan Stankovic, VIC

Name	Age	Finals
1 Crowley, Charles	M83	18.86m
2 Stewart, Ian	M81	12.10m

W35 Hammer Throw

Record: R 33.52m

Name	Age	Finals
1 Meade, Megan	W39	14.17m

W45 Hammer Throw

Record: R 25.45m 14/10/2012 Sharon Dickson, QLD

Name	Age	Finals
1 Nayda, Samantha	W49	16.57m
2 Hunter, Sharyn	W48	15.13m
3 Wickremasena, Anita	W47	7.57m

W50 Hammer Throw

Record: R 30.02m

Name	Age	Finals
1 Dickson, Sharon	W50	22.85m
2 Roberts, Sharyn	W54	20.29m
3 Martin, Suzanne	W53	14.07m

W55 Hammer Throw

Record: R 33.24m

Name	Age	Finals
1 Preece, Sally	W58	19.69m
2 Van Zuylekom, Joanne	W55	18.79m
3 Carr, Therese	W56	17.85m
4 Sowerby, Marie	W58	15.96m
5 Prior, Jean	W57	14.83m
6 Cunynghame, Cheryl	W56	13.34m

W60 Hammer Throw

RESULTS TRACK AND FIELD 2016

Record: R 40.85m 21/10/2002 Helen Searle, NSW

Name	Age	Finals
1 Canale, Teresa	W61	20.85m
2 Guelfi, Lyn	W62	20.25m
3 Walton, Jacqueline	W62	18.76m
4 Brown, Barbara	W62	17.69m
5 Truscott, Bronwyn	W62	17.30m
6 Bennett, Jan	W62	15.67m
7 Prior, Valerie	W61	8.43m
8 Parker, Cherryl	W63	6.65m

W65 Hammer Throw

Record: R 23.21m 21/10/2002 Dorothy Whittam, WA

Name	Age	Finals
1 Dempsey, Cherie	W66	19.93m

W70 Hammer Throw

Record: R 19.64m 14/10/2012 Sue Green, NT

Name	Age	Finals
1 Dundas, Rhondda	W72	27.02mR
2 Williams, Veronica Jean	W70	14.73m

W75 Hammer Throw

Record: R 19.20m 22/10/2008 Glad McKeown,

Name	Age	Finals
1 Brockie, Nola	W78	17.09m
2 Roberts, Margaret	W79	14.26m

W80 Hammer Throw

Record: R 13.76m 23/10/2006 shirly brasher

Name	Age	Finals
1 Medcalf, Noela	W81	14.65mR

M30 Hammer Throw

Name	Age	Finals
1 McGargill, Gavin	M33	14.90m

M35 Hammer Throw

Record: R 29.85m 22/10/2008 Alex Hamriding,

Name	Age	Finals
1 Ross, Stuart	M39	24.53m
2 Shultz, Terry	M35	24.09m
3 Pearson, Greg	M37	19.67m

M40 Hammer Throw

Record: R 31.64m 18/10/2004 Mike Runnels, NT

Name	Age	Finals
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RESULTS TRACK AND FIELD 2016

1	Ariston, Stephen	M40	21.11m
2	Scott, David	M43	20.16m
3	Browell, Leigh	M42	16.17m

M50 Hammer Throw

Record: R 32.19m 22/10/2008 Darryl Selleck,			
Name	Age		Finals
1	Dickson, Ken	M51	28.89m
2	Nakaora, George	M50	27.77m
3	Thompson, Lachlan	M50	20.39m
4	Stewart, Owen	M53	16.55m

M55 Hammer Throw

Record: R 46.04m			
Name	Age		Finals
1	Cavalier, Yarran	M55	22.89m
2	Ritenour, Charles	M55	22.38m
3	White, Norman	M58	16.07m

M60 Hammer Throw

Record: R 29.85m 19/10/2004 Charles Palframan, SA			
Name	Age		Finals
1	Fielder, Wayne	M62	28.88m
2	Lee, David	M62	26.18m
3	Allan, Grant	M61	20.86m

M65 Hammer Throw

Record: R 37.25m 20/10/2002 Robin Herron, USA			
Name	Age		Finals
1	Petrie, Hamish	M69	23.72m
2	Roberts, Michael	M66	20.94m
3	Hassett, Paul	M66	17.47m

M70 Hammer Throw

Record: R 30.61m 21/10/2008 Kana Nathan,			
Name	Age		Finals
1	Butterfield, Gary	M70	26.59m
2	Hawken, Selwyn	M71	24.47m

M80 Hammer Throw

Record: R 25.94m 17/10/2004 Stan Stankovic, VIC			
Name	Age		Finals
1	Crowley, Charles	M83	20.18m

W35 Javelin Throw

Record: R 32.52m			
Name	Age		Finals
1	Meade, Megan	W39	13.10m

RESULTS TRACK AND FIELD 2016**W45 Javelin Throw**

Record: R 29.88m		
Name	Age	Finals
1 Hunter, Sharyn	W48	25.29m
2 Nayda, Samantha	W49	15.22m
3 Jones, Nicole	W49	13.83m
4 Wickremasena, Anita	W47	6.50m

W50 Javelin Throw

Record: R 29.63m 18/10/2004 Glenda Hollis, SA		
Name	Age	Finals
1 Roberts, Sharyn	W54	15.13m
2 Kinnaird, Carol	W51	11.65m
3 Sleep, Lynlee	W52	10.13m

W55 Javelin Throw

Record: R 25.96m		
Name	Age	Finals
1 Allan, Coral	W59	20.92m
2 Prior, Jean	W57	16.60m
3 Preece, Sally	W58	16.07m
4 Carr, Therese	W56	12.59m
5 Cunynghame, Cheryl	W56	10.56m
6 Gill, Sharon	W55	10.43m
7 Hawkett, Christine	W59	10.20m
8 Sowerby, Marie	W58	6.42m

W60 Javelin Throw

Record: R 25.13m 20/10/2002 Helen Searle, NSW		
Name	Age	Finals
1 Llewelyn, Shakuntala	W61	19.58m
2 Edwards, Beryl	W61	18.71m
3 Brown, Barbara	W62	17.79m
4 Martin, Steph	W60	17.12m
5 Walton, Jacqueline	W62	15.35m
6 Guelfi, Lyn	W62	15.14m

...W60 Javelin Throw

7 Truscott, Bronwyn	W62	12.94m
8 Bennett, Jan	W62	11.87m
9 Dalwood-Mason, Kathleen	W63	9.52m
10 Prior, Valerie	W61	8.98m
11 Parker, Cherryl	W63	8.96m
12 Brodrick, Teresa	W64	8.81m

W65 Javelin Throw

Record: R 21.72m		
Name	Age	Finals
1 Abrey, Mary	W66	14.40m
2 Dempsey, Cherie	W66	14.11m
3 Walsh, Jenny	W67	8.25m

RESULTS TRACK AND FIELD 2016**W70 Javelin Throw**

Record: R 15.95m 21/10/2008 Nola Brockie,		
Name	Age	Finals

1 Dundas, Rhondda	W72	13.65m
2 Hamill, Barb	W71	12.16m
3 Williams, Veronica Jean	W70	8.74m
4 Foulds, Magnolia	W70	7.76m

W75 Javelin Throw

Record: R 15.88m		
Name	Age	Finals

1 Brockie, Nola	W78	11.54m
2 Roberts, Margaret	W79	10.19m
3 Heppell, Mary	W79	7.52m

W80 Javelin Throw

Record: R 8.32m 17/10/2004 Joyce Greaves, SA		
Name	Age	Finals

1 Medcalf, Noela	W81	9.75mR
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M30 Javelin Throw

Name	Age	Finals
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1 McGargill, Gavin	M33	29.37m
2 Varghese, Ajesh	M33	15.58m

M35 Javelin Throw

Record: R 48.31m 15/10/2012 Carl Schatz,		
Name	Age	Finals

1 Shultz, Terry	M35	35.13m
2 Pearson, Greg	M37	28.00m

...M35 Javelin Throw

3 Siew, Eu Ho	M39	20.78m
4 Ross, Stuart	M39	19.34m

M40 Javelin Throw

Record: R 46.48m		
Name	Age	Finals

1 Ariston, Stephen	M40	32.34m
2 Scott, David	M43	30.34m
3 Browell, Leigh	M42	21.35m

M45 Javelin Throw

Record: R 46.46m		
Name	Age	Finals

1 Llewellyn, Darren	M46	22.38m
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M50 Javelin Throw

RESULTS TRACK AND FIELD 2016

Record: R 46.94m

Name	Age	Finals
1 Dickson, Ken	M51	30.74m
2 Thompson, Lachlan	M50	30.70m
3 Stewart, Owen	M53	26.49m
4 McConnell, Peter	M52	25.95m
5 Nitschke, Paul	M53	22.64m
6 Pearse, Peter	M51	16.92m

M55 Javelin Throw

Record: R 45.70m

Name	Age	Finals
1 Shelever, Volodymyr	M55	34.36m
2 Cavalier, Yarran	M55	34.20m
3 Ritenour, Charles	M55	23.50m
4 White, Norman	M58	19.91m
5 Day, Christopher	M56	19.52m
6 Baloban, Stephen	M57	18.39m

M60 Javelin Throw

Record: R 39.76m

Name	Age	Finals
1 Allan, Grant	M61	32.63m
2 Lee, David	M62	30.15m
3 Fielder, Wayne	M62	29.64m

M65 Javelin Throw

Record: R 43.16m

Name	Age	Finals
1 Roberts, Michael	M66	21.97m
2 Petrie, Hamish	M69	21.64m
3 Hubbard, Alan	M66	8.96m

M70 Javelin Throw

Record: R 35.48m

Name	Age	Finals
1 Hawken, Selwyn	M71	24.03m
2 Butterfield, Gary	M70	19.87m
3 Doust, Robert	M72	13.58m

M80 Javelin Throw

Record: R 23.44m 19/10/2004 Stan Stankovic, VIC

Name	Age	Finals
1 Crowley, Charles	M83	15.91m
2 Stewart, Ian	M81	15.67m

Outdoor Pentathlon: #3 W35 100 Meter Dash Outdoor Pentathlon

Name	Age	Finals
1 Gee, Kerrie	W38	20.07 22

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Outdoor Pentathlon: #3 W45 100 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
1 Hunter, Sharyn	W48	17.44	324

Outdoor Pentathlon: #3 W60 100 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
1 Edwards, Beryl	W61	17.75	536
2 Guelfi, Lyn	W62	18.90	404

Outdoor Pentathlon: #3 W65 100 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
1 Abrey, Mary	W66	19.72	408
2 Dempsey, Cherie	W66	43.70	

Outdoor Pentathlon: #3 W70 100 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
1 Foulds, Magnolia	W70	31.77	

Outdoor Pentathlon: #3 W75 100 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
1 Brockie, Nola	W78	25.02	182

Outdoor Pentathlon: #3 M40 200 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
1 Scott, David	M43	27.65	495
2 Browell, Leigh	M42	37.00	35

Outdoor Pentathlon: #3 M50 200 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
1 Dickson, Ken	M51	27.43	648

Outdoor Pentathlon: #3 M55 200 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
1 Gouweloos, Bas	M57	29.90	539
2 White, Norman	M58	46.43	
3 Ritenour, Charles	M55	46.68	

Outdoor Pentathlon: #3 M60 200 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
1 Allan, Grant	M61	30.09	599

Outdoor Pentathlon: #3 M65 200 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
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1 Roberts, Michael	M66	36.97	274
2 Walton, John	M68	44.65	25

Outdoor Pentathlon: #3 M70 200 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
1 Hawken, Selwyn	M71	36.15	402
2 Doust, Robert	M72	50.78	

Outdoor Pentathlon: #3 M75 200 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
1 Hobbs, Tom	M79	1:15.84	

Outdoor Pentathlon: #3 M80 200 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
1 Crowley, Charles	M83	43.09	320

Outdoor Pentathlon: #5 M65 1500 Meter Dash Outdoor Pentathlon

Name	Age	Finals	
1 Walton, John	M68	6:14.03	670
2 Roberts, Michael	M66	10:00.69	17

Outdoor Pentathlon: #5 W35 800 Meter Run Outdoor Pentathlon

Name	Age	Finals	
1 Gee, Kerrie	W38	4:35.54	

Outdoor Pentathlon: #5 W45 800 Meter Run Outdoor Pentathlon

Name	Age	Finals	
1 Hunter, Sharyn	W48	3:32.72	245

Outdoor Pentathlon: #5 W60 800 Meter Run Outdoor Pentathlon

Name	Age	Finals	
1 Edwards, Beryl	W61	4:24.50	152
2 Guelfi, Lyn	W62	4:28.69	132

Outdoor Pentathlon: #5 W65 800 Meter Run Outdoor Pentathlon

Name	Age	Finals	
1 Abrey, Mary	W66	4:01.50	391
2 Dempsey, Cherie	W66	8:05.28	

Outdoor Pentathlon: #5 W70 800 Meter Run Outdoor Pentathlon

Name	Age	Finals	
1 Foulds, Magnolia	W70	8:11.34	

Outdoor Pentathlon: #5 W75 800 Meter Run Outdoor Pentathlon

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Name	Age	Finals	
1 Brockie, Nola	W78	8:11.34	

Outdoor Pentathlon: #5 M40 1500 Meter Run Outdoor Pentathlon

Name	Age	Finals	
1 Browell, Leigh	M42	5:51.97	375
2 Scott, David	M43	6:13.03	284

Outdoor Pentathlon: #5 M50 1500 Meter Run Outdoor Pentathlon

Name	Age	Finals	
1 Dickson, Ken	M51	6:59.34	240

Outdoor Pentathlon: #5 M55 1500 Meter Run Outdoor Pentathlon

Name	Age	Finals	
1 Gouweloos, Bas	M57	6:30.28	422
2 White, Norman	M58	9:30.84	
-- Ritenour, Charles	M55	DNF	

Outdoor Pentathlon: #5 M60 1500 Meter Run Outdoor Pentathlon

Name	Age	Finals	
1 Allan, Grant	M61	5:42.37	733

Outdoor Pentathlon: #5 M70 1500 Meter Run Outdoor Pentathlon

Name	Age	Finals	
1 Doust, Robert	M72	8:37.63	238
2 Hawken, Selwyn	M71	9:47.69	82

Outdoor Pentathlon: #5 M75 1500 Meter Run Outdoor Pentathlon

Name	Age	Finals	
1 Hobbs, Tom	M79	12:25.63	

Outdoor Pentathlon: #5 M80 1500 Meter Run Outdoor Pentathlon

Name	Age	Finals	
1 Crowley, Charles	M83	13:44.44	

Outdoor Pentathlon: #1 W35 Long Jump Outdoor Pentathlon

Name	Age	Finals	
1 Gee, Kerrie	W38	2.52m	52

Outdoor Pentathlon: #1 W45 Long Jump Outdoor Pentathlon

Name	Age	Finals	
1 Hunter, Sharyn	W48	3.25m	267

RESULTS TRACK AND FIELD 2016**Outdoor Pentathlon: #1 W60 Long Jump Outdoor Pentathlon**

Name	Age	Finals	
1 Guelfi, Lyn	W62	3.10m	418
2 Edwards, Beryl	W61	2.51m	223

Outdoor Pentathlon: #1 W65 Long Jump Outdoor Pentathlon

Name	Age	Finals	
1 Abrey, Mary	W66	2.41m	250
2 Dempsey, Cherie	W66	1.08m	

Outdoor Pentathlon: #1 W70 Long Jump Outdoor Pentathlon

Name	Age	Finals	
1 Foulds, Magnolia	W70	2.10m	210

Outdoor Pentathlon: #1 W75 Long Jump Outdoor Pentathlon

Name	Age	Finals	
1 Brockie, Nola	W78	1.83m	184

Outdoor Pentathlon: #1 M40 Long Jump Outdoor Pentathlon

Name	Age	Finals	
1 Scott, David	M43	5.18m	510
2 Browell, Leigh	M42	2.78m	68

Outdoor Pentathlon: #1 M50 Long Jump Outdoor Pentathlon

Name	Age	Finals	
1 Dickson, Ken	M51	4.07m	382

Outdoor Pentathlon: #1 M55 Long Jump Outdoor Pentathlon

Name	Age	Finals	
1 Gouweloos, Bas	M57	4.25m	496
2 White, Norman	M58	2.26m	61
3 Ritenour, Charles	M55	2.24m	58

Outdoor Pentathlon: #1 M60 Long Jump Outdoor Pentathlon

Name	Age	Finals	
1 Allan, Grant	M61	4.12m	544

Outdoor Pentathlon: #1 M65 Long Jump Outdoor Pentathlon

Name	Age	Finals	
1 Roberts, Michael	M66	2.94m	283
2 Walton, John	M68	1.87m	47

Outdoor Pentathlon: #1 M70 Long Jump Outdoor Pentathlon

Name	Age	Finals	
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1 Hawken, Selwyn	M71	3.12m	409
2 Doust, Robert	M72	2.37m	190

Outdoor Pentathlon: #1 M75 Long Jump Outdoor Pentathlon

Name	Age	Finals	
1 Hobbs, Tom	M79	1.21m	

Outdoor Pentathlon: #1 M80 Long Jump Outdoor Pentathlon

Name	Age	Finals	
1 Crowley, Charles	M83	3.13m	635

Outdoor Pentathlon: #4 W35 Shot Put Outdoor Pentathlon

Name	Age	Finals	
1 Gee, Kerrie	W38	5.51m	253

Outdoor Pentathlon: #4 W45 Shot Put Outdoor Pentathlon

Name	Age	Finals	
1 Hunter, Sharyn	W48	5.92m	340

Outdoor Pentathlon: #4 W60 Shot Put Outdoor Pentathlon

Name	Age	Finals	
1 Edwards, Beryl	W61	6.63m	526
2 Guelfi, Lyn	W62	6.23m	487

Outdoor Pentathlon: #4 W65 Shot Put Outdoor Pentathlon

Name	Age	Finals	
1 Dempsey, Cherie	W66	6.57m	589
2 Abrey, Mary	W66	5.06m	425

Outdoor Pentathlon: #4 W70 Shot Put Outdoor Pentathlon

Name	Age	Finals	
1 Foulds, Magnolia	W70	3.45m	297

Outdoor Pentathlon: #4 W75 Shot Put Outdoor Pentathlon

Name	Age	Finals	
1 Brockie, Nola	W78	4.41m	405

Outdoor Pentathlon: #4 M40 Discus Throw Outdoor Pentathlon

Name	Age	Finals	
1 Scott, David	M43	25.29m	422
2 Browell, Leigh	M42	19.30m	296

Outdoor Pentathlon: #4 M50 Discus Throw Outdoor Pentathlon

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Name	Age	Finals	
1 Dickson, Ken	M51	34.99m	579

Outdoor Pentathlon: #4 M55 Discus Throw Outdoor Pentathlon

Name	Age	Finals	
1 Gouweloos, Bas	M57	24.45m	409
2 Ritenour, Charles	M55	23.32m	384
3 White, Norman	M58	17.20m	255

Outdoor Pentathlon: #4 M60 Discus Throw Outdoor Pentathlon

Name	Age	Finals	
1 Allan, Grant	M61	32.85m	562

Outdoor Pentathlon: #4 M65 Discus Throw Outdoor Pentathlon

Name	Age	Finals	
1 Roberts, Michael	M66	20.89m	354
2 Walton, John	M68	14.13m	206

Outdoor Pentathlon: #4 M70 Discus Throw Outdoor Pentathlon

Name	Age	Finals	
1 Hawken, Selwyn	M71	23.04m	453
2 Doust, Robert	M72	14.68m	249

Outdoor Pentathlon: #4 M75 Discus Throw Outdoor Pentathlon

Name	Age	Finals	
1 Hobbs, Tom	M79	11.41m	205

Outdoor Pentathlon: #4 M80 Discus Throw Outdoor Pentathlon

Name	Age	Finals	
1 Crowley, Charles	M83	17.80m	450

Outdoor Pentathlon: #2 W35 Javelin Throw Outdoor Pentathlon

Name	Age	Finals	
1 Gee, Kerrie	W38	12.53m	166

Outdoor Pentathlon: #2 W45 Javelin Throw Outdoor Pentathlon

Name	Age	Finals	
1 Hunter, Sharyn	W48	23.17m	456

Outdoor Pentathlon: #2 W60 Javelin Throw Outdoor Pentathlon

Name	Age	Finals	
1 Edwards, Beryl	W61	16.97m	427
2 Guelfi, Lyn	W62	14.67m	357

RESULTS TRACK AND FIELD 2016**Outdoor Pentathlon: #2 W65 Javelin Throw Outdoor Pentathlon**

Name	Age	Finals	
1 Abrey, Mary	W66	13.95m	389
2 Dempsey, Cherie	W66	13.39m	370

Outdoor Pentathlon: #2 W70 Javelin Throw Outdoor Pentathlon

Name	Age	Finals	
1 Foulds, Magnolia	W70	6.11m	157

Outdoor Pentathlon: #2 W75 Javelin Throw Outdoor Pentathlon

Name	Age	Finals	
1 Brockie, Nola	W78	11.78m	417

Outdoor Pentathlon: #2 M40 Javelin Throw Outdoor Pentathlon

Name	Age	Finals	
1 Scott, David	M43	31.18m	354
2 Browell, Leigh	M42	18.86m	168

Outdoor Pentathlon: #2 M50 Javelin Throw Outdoor Pentathlon

Name	Age	Finals	
1 Dickson, Ken	M51	33.05m	450

Outdoor Pentathlon: #2 M55 Javelin Throw Outdoor Pentathlon

Name	Age	Finals	
1 Gouweloos, Bas	M57	23.06m	311
2 Ritenour, Charles	M55	17.61m	210
3 White, Norman	M58	16.19m	184

Outdoor Pentathlon: #2 M60 Javelin Throw Outdoor Pentathlon

Name	Age	Finals	
1 Allan, Grant	M61	28.21m	440

Outdoor Pentathlon: #2 M65 Javelin Throw Outdoor Pentathlon

Name	Age	Finals	
1 Roberts, Michael	M66	20.83m	335
2 Walton, John	M68	5.89m	23

Outdoor Pentathlon: #2 M70 Javelin Throw Outdoor Pentathlon

Name	Age	Finals	
1 Hawken, Selwyn	M71	22.92m	420

....Outdoor Pentathlon: #2 M70 Javelin Throw Outdoor Pentathlon

2 Doust, Robert	M72	13.26m	192
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RESULTS TRACK AND FIELD 2016**Outdoor Pentathlon: #2 M75 Javelin Throw Outdoor Pentathlon**

Name	Age	Finals	
1 Hobbs, Tom	M79	9.21m	127

Outdoor Pentathlon: #2 M80 Javelin Throw Outdoor Pentathlon

Name	Age	Finals	
1 Crowley, Charles	M83	14.07m	292

W45 Outdoor Pentathlon

Record: R 2165 20/10/2004 Alex Lloyd, ACT			
Name	Age	Finals	
1 Hunter, Sharyn	W48	1632	

W60 Outdoor Pentathlon

Record: R 1518 23/10/2002 Ruth Johnson, WA			
Name	Age	Finals	
1 Edwards, Beryl	W61	1864R	
2 Guelfi, Lyn	W62	1798R	

W65 Outdoor Pentathlon

Record: R 1720 20/10/2004 Nola Brockie, NT			
Name	Age	Finals	
1 Abrey, Mary	W66	1863R	
2 Dempsey, Cherie	W66	959	

W70 Outdoor Pentathlon

Name	Age	Finals	
1 Foulds, Magnolia	W70	664	

W75 Outdoor Pentathlon

Name	Age	Finals	
1 Brockie, Nola	W78	1188	

M40 Outdoor Pentathlon

Record: R 1920 20/10/2004 Steve Goldring, NT			
Name	Age	Finals	
1 Scott, David	M43	2065R	
2 Browell, Leigh	M42	942	

M50 Outdoor Pentathlon

Record: R 2547 24/10/2008 Grant Allan,			
Name	Age	Finals	
1 Dickson, Ken	M51	2299	

M55 Outdoor Pentathlon

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Record: R 2617 10/2010 Grant Allan, NT			
Name	Age	Finals	
1 Gouweloos, Bas	M57	21 77	
2 Ritenour, Charles	M55	652	
3 White, Norman	M58	500	

M60 Outdoor Pentathlon

Record: R 2394 20/10/2004 Chris Watters, SA			
Name	Age	Finals	
1 Allan, Grant	M61	2878R	

M65 Outdoor Pentathlon

Record: R 2001 23/10/2002 Leo Charles, VIC			
Name	Age	Finals	
1 Roberts, Michael	M66	1263	
2 Walton, John	M68	971	

M70 Outdoor Pentathlon

Record: R 2630 20/10/2004 Dennis Peck, SA			
Name	Age	Finals	
1 Hawken, Selwyn	M71	1766	
2 Doust, Robert	M72	869	

M75 Outdoor Pentathlon

Record: R 1964 20/10/2004 Jim O'Donnell, QLD			
Name	Age	Finals	
1 Hobbs, Tom	M79	332	

M80 Outdoor Pentathlon

Record: R 1223 24/10/2008 Bruce Campbell,			
Name	Age	Finals	
1 Crowley, Charles	M83	1697R	

W45 3000 Meter Race Walk

Record: R 8:49.80 21/10/2008 Debbie Page,			
Name	Age	Finals	
1 Hunter, Sharyn	W48	25:19.00	
2 Wickremasena, Anita	W47	35:52.00	

W50 3000 Meter Race Walk

Record: R 11:37.10 21/10/2008 angela thomas,			
Name	Age	Finals	
1 Clayton, Robyne-Lee	W54	23:39.00	
2 Neville, Diane	W50	25:44.00	
2 Kinnaird, Carol	W51	25:44.00	

W55 3000 Meter Race Walk

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Record: R 13:54.00 21/10/2008 Sandy Smith,
Name Age Finals

1 Page, Deborah W57 17:38.00
2 Carr, Therese W56 27:45.00
3 Sawyer, Michelle W56 29:20.00
4 Hawkett, Christine W59 33:41.00

W60 3000 Meter Race Walk

Record: R 10:57.40 21/10/2008 Margaret Trengove,
Name Age Finals

1 Llewelyn, Shakuntala W61 26:40.00
2 Dalwood-Mason, Kathleen W63 32:47.00

W65 3000 Meter Race Walk

Record: R 11:27.10 21/10/2008 Penny Hall,
Name Age Finals

1 Edwards, Maree W65 23:39.00

W70 3000 Meter Race Walk

Record: R 11:56.10 21/10/2008 Margaret Beaumont,
Name Age Finals

1 Trengove, Margaret W72 23:50.00
2 Richter, Jenny W71 27:16.00
3 Mitchell, Jill W73 32:47.00

W75 3000 Meter Race Walk

Record: R 16:07.80 21/10/2008 Betty Dobbie,
Name Age Finals

1 Roberts, Margaret W79 29:02.00

M35 3000 Meter Race Walk

Record: R 12:41.70 21/10/2008 mark stuart,
Name Age Finals

1 Siew, Eu Ho M39 22:23.00

M40 3000 Meter Race Walk

Record: R 14:58.63
Name Age Finals

1 Browell, Leigh M42 23:16.00

M55 3000 Meter Race Walk

Record: R 12:17.60 21/10/2008 Reg Powell,
Name Age Finals

1 White, Norman M58 25:12.00

M60 3000 Meter Race Walk

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Record: R 11:42.40 21/10/2008 Selwyn Hawken,
Name Age Finals

1 Allan, Grant M61 19:32.00
2 Ryan, Damien M61 26:37.00

M65 3000 Meter Race Walk

Record: R 12:14.70 21/10/2008 Bruce Wiggins,
Name Age Finals

1 Wood, Gerry M66 25:12.00

M70 3000 Meter Race Walk

Record: R 10:46.90 21/10/2008 R. Leigh smith,
Name Age Finals

1 Hawken, Selwyn M71 25:59.00

M75 3000 Meter Race Walk

Record: R 13:24.40 21/10/2008 Arthur Ince,
Name Age Finals

1 Trengove, Colin M79 25:55.00

M80 3000 Meter Race Walk

Record: R 25:13.61
Name Age Finals

1 Smith, Leigh M81 24:45.00R