

Monday results

M40 200 Meter Dash

Record: R 23.80		
Name	Age	Finals
Finals		
1 Scott, David	M43	27.63
2 Holdaway, Jeffrey	M42	28.85
3 Browell, Leigh	M42	32.31

W30 200 Meter Run

Record: R 27.80		
Name	Age	Finals
1 Snell, Clancy	W34	33.25

W35 200 Meter Run

Record: R 27.50 22/10/2008 toni phillips, Unattached		
Name	Age	Finals
1 Gee, Kerrie	W38	40.69

W40 200 Meter Run

Record: R 29.40		
Name	Age	Finals
1 Leeson, Kelly	W40	35.78

W45 200 Meter Run

Record: R 29.10 22/10/2008 sue bourke, Unattached		
Name	Age	Finals
1 Hunter, Sharyn	W48	35.19
2 Dudley, Cheryl	W48	35.56

W50 200 Meter Run

Record: R 29.60		
Name	Age	Finals
1 Harrison-Smith, Maria	W50	34.56
2 Smith, Maureen	W52	37.62
3 Kinnaird, Carol	W51	45.44

W55 200 Meter Run

Record: R 31.40		
Name	Age	Finals
1 Pulsford, Laurance	W56	38.06
2 Carr, Therese	W56	42.50
3 Lockey, Helen	W57	45.03
4 Barker, Anne	W59	49.00

W60 200 Meter Run

Monday results

Record: R 31.19

Name	Age	Finals
1 Edwards, Beryl	W61	40.15
2 Llewelyn, Shakuntala	W61	44.69
3 Bennett, Jan	W62	1:00.34

W65 200 Meter Run

Record: R 34.84 21/10/2002 Miriam Cudmore, SA

Name	Age	Finals
1 Abrey, Mary	W66	40.90
2 Edwards, Maree	W65	56.81

W70 200 Meter Run

Record: R 38.70 15/10/2012 Ruth Johnson, Unattached

Name	Age	Finals
1 Foulds, Magnolia	W70	55.81
2 Trengove, Margaret	W72	58.75

W75 200 Meter Run

Record: R 1:12.30

Name	Age	Finals
1 Heppell, Mary	W79	1:18.75

M30 200 Meter Run

Name	Age	Finals
1 Majad, Khan	M30	27.54
2 Varghese, Ajesh	M33	29.44
3 McGargill, Gavin	M33	30.32

M35 200 Meter Run

Record: R 23.20

Name	Age	Finals
1 Shiju, George	M35	28.72
2 White, Craig	M39	29.97

M45 200 Meter Run

Record: R 24.00

Name	Age	Finals
1 Wickremasena, Priyantha	M46	29.10
2 Windebank, Craig	M45	30.10
3 Shaw, tim	M45	31.16

M50 200 Meter Run

Record: R 23.50

Name	Age	Finals
1 Johnson, Reggie	M50	25.00

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2 Dickson, Ken	M51	26.00
3 smith, Peter	M50	27.00

M55 200 Meter Run

Record: R 25.20

Name	Age	Finals
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1 Reval, Gregory	M58	30.28
2 Day, Christopher	M56	33.25
3 Dobbie, William	M58	33.53
4 White, Norman	M58	35.47

M60 200 Meter Run

Record: R 26.80

Name	Age	Finals
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1 Allan, Grant	M61	30.88
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M65 200 Meter Run

Record: R 28.49

Name	Age	Finals
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1 Donovan, Richard	M66	30.13
2 Hubbard, Alan	M66	33.22
3 Roberts, Michael	M66	33.84
4 Kapoulitsa, Arthur	M69	34.88

M70 200 Meter Run

Record: R 30.00

Name	Age	Finals
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1 Hawken, Selwyn	M71	34.88
2 Doust, Robert	M72	44.00

M75 200 Meter Run

Record: R 33.50 15/10/2012 Donald Chambers, Unattached

Name	Age	Finals
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1 Trengove, Colin	M79	43.66
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M80 200 Meter Run

Record: R 38.80

Name	Age	Finals
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1 Crowley, Charles	M83	46.28
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W35 3000 Meter Run

Record: R 10:33.67 1994 Marcia Shee, NSW

Name	Age	Finals
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1 Gee, Kerrie	W38	20:23.78
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W40 3000 Meter Run

Record: R 11:47.00 15/10/2012 Christine Suffolk, Unattached

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Name	Age	Finals
1 Poole, Melanie	W44	17:48.00

W45 3000 Meter Run

Record: R 11:56.00 15/10/2012 Elizabeth Slattery, Unattached		
Name	Age	Finals
1 Suffolk, Cristine	W46	11:53.78R
2 Hunter, Sharyn	W48	14:50.62

W55 3000 Meter Run

Record: R 13:33.90 1992 Anne Young, VIC		
Name	Age	Finals
1 Summers, Helen	W55	13:40.42
2 Cook, Leanne	W56	14:34.75
3 Lockey, Helen	W57	16:42.16
4 Carr, Therese	W56	22:18.37

W65 3000 Meter Run

Record: R 14:34.91 1990 Thelma Davies		
Name	Age	Finals
1 Edwards, Maree	W65	18:39.48

W75 3000 Meter Run

Record: R 19:44.44 1988 Arley Nicholls, SA		
Name	Age	Finals
1 Howard, Sheila	W76	20:39.94

M35 3000 Meter Run

Record: R 9:09.74 1988 Adrian Wellington, Unattached		
Name	Age	Finals
1 White, Bradley	M37	10:34.56

M55 3000 Meter Run

Record: R 11:19.48 2002 Norris Wyatt, NT		
Name	Age	Finals
1 Dawson, Mark	M55	13:02.60

W35 High Jump

Record: R 1.36m 21/10/2008 Teena Wilson, Unattached		
Name	Age	Finals
1 Gee, Kerrie	W38	1.00m

W45 High Jump

Record: R 1.34m 17/10/2004 Alex Lloyd, ACT		
Name	Age	Finals

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1	Hunter, Sharyn	W48	1.05m
2	Nayda, Samantha	W49	0.85m

W50 High Jump

Record: R 1.26m			
Name	Age	Finals	
1	Kinnaird, Carol	W51	1.13m
2	Harrison-Smith, Maria	W50	1.10m
3	Martin, Suzanne	W53	0.75m

W55 High Jump

Record: R 1.19m			
Name	Age	Finals	
1	Van Zuylekom, Joanne	W55	1.05m
2	Prior, Jean	W57	1.00m
3	Carr, Therese	W56	0.95m

W60 High Jump

Record: R 1.18m			
Name	Age	Finals	
1	Martin, Steph	W60	1.05m
2	Guelfi, Lyn	W62	J1.05m

W65 High Jump

Record: R 1.18m			
Name	Age	Finals	
1	Abrey, Mary	W66	0.90m

W70 High Jump

Record: R 1.07m			
Name	Age	Finals	
1	Foulds, Magnolia	W70	0.72m

W55 Long Jump

Record: R 3.98m 21/10/2002 Janet Jarvis, WA			
Name	Age	Finals	
1	Allan, Coral	W59	2.54m

W60 Long Jump

Record: R 3.27m			
Name	Age	Finals	
1	Guelfi, Lyn	W62	2.99m
2	Edwards, Beryl	W61	2.58m
3	Martin, Steph	W60	2.36m
4	Parker, Cherryl	W63	2.22m

W65 Long Jump

Monday results

Record: R 3.58m

Name	Age	Finals
1 Abrey, Mary	W66	2.53m

W70 Long Jump

Record: R 2.86m 15/10/2012 Ruth Johnson, Unattached

Name	Age	Finals
1 Dundas, Rhondda	W72	2.43m
2 Foulds, Magnolia	W70	2.20m

W75 Long Jump

Name	Age	Finals
1 Brockie, Nola	W78	1.99m

M45 Long Jump

Record: R 5.76m

Name	Age	Finals
1 Wickremasena, Priyantha	M46	3.34m

M50 Long Jump

Record: R 5.46m

Name	Age	Finals
1 smith, Peter	M50	4.37m

...M50 Long Jump

2 Dickson, Ken	M51	4.33m
3 Thompson, Lachlan	M50	3.78m
4 Stewart, Owen	M53	3.77m
5 Johnson, Reggie	M50	3.58m

M55 Long Jump

Record: R 5.15m

Name	Age	Finals
1 Day, Christopher	M56	3.44m
2 Ritenour, Charles	M55	2.23m

M60 Long Jump

Record: R 4.68m

Name	Age	Finals
1 Allan, Grant	M61	3.92m

W55 Triple Jump

Record: R 8.50m 22/10/2002 Janet Jarvis, WA

Name	Age	Finals
1 Van Zuylekom, Joanne	W55	7.08m

W60 Triple Jump

Monday results

Record: R 7.33m

Name	Age	Finals
1 Guelfi, Lyn	W62	6.65m
2 Edwards, Beryl	W61	5.94m
3 Parker, Cherryl	W63	5.21m

W65 Triple Jump

Record: R 7.51m

Name	Age	Finals
1 Abrey, Mary	W66	5.59m

W70 Triple Jump

Record: R 6.48m 16/10/2012 Ruth Johnson, Unattached

Name	Age	Finals
1 Foulds, Magnolia	W70	4.35m

W75 Triple Jump

Name	Age	Finals
1 Brockie, Nola	W78	4.80m

W55 Shot Put

Record: R 9.55m

Name	Age	Finals
1 Allan, Coral	W59	8.31m
2 Preece, Sally	W58	7.15m
3 Sawyer, Michelle	W56	6.82m
4 Sowerby, Marie	W58	6.74m
5 Carr, Therese	W56	6.09m
6 Hawke, Christine	W59	5.68m
7 Gill, Sharon	W55	5.57m
8 Cunynghame, Cheryl	W56	5.02m

M70 Shot Put

Record: R 10.15m

Name	Age	Finals
1 Butterfield, Gary	M70	9.19m
2 Hawken, Selwyn	M71	8.07m

M75 Shot Put

Record: R 9.35m 14/10/2012 Donald Chambers, Unattached

Name	Age	Finals
1 Kimber, Dick	M77	3.77m

M80 Shot Put

Record: R 7.45m 18/10/2004 Stan Stankovic, VIC

Name	Age	Finals
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Monday results

1	Stewart, Ian	M81	6.56m
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M50 Discus Throw

Record: R 39.98m

Name	Age	Finals
1 Dickson, Ken	M51	37.49m
2 Nakaora, George	M50	36.34m
3 Stewart, Owen	M53	23.78m
4 Thompson, Lachlan	M50	22.60m
5 Pearse, Peter	M51	17.00m
6 Johnson, Reggie	M50	15.68m

M55 Discus Throw

Record: R 37.41m

Name	Age	Finals
1 Ritenour, Charles	M55	23.36m
2 Day, Christopher	M56	19.44m
3 White, Norman	M58	19.04m

W35 Hammer Throw

Record: R 33.52m

Name	Age	Finals
1 Meade, Megan	W39	14.17m

W45 Hammer Throw

Record: R 25.45m 14/10/2012 Sharon Dickson, QLD

Name	Age	Finals
1 Nayda, Samantha	W49	16.57m
2 Hunter, Sharyn	W48	15.13m
3 Wickremasena, Anita	W47	7.57m

W50 Hammer Throw

Record: R 30.02m

Name	Age	Finals
1 Dickson, Sharon	W50	22.85m
2 Roberts, Sharyn	W54	20.29m
3 Martin, Suzanne	W53	14.07m

W55 Hammer Throw

Record: R 33.24m

Name	Age	Finals
1 Preece, Sally	W58	19.69m
2 Van Zuylenkom, Joanne	W55	18.79m
3 Carr, Therese	W56	17.85m
4 Sowerby, Marie	W58	15.96m
5 Prior, Jean	W57	14.83m
6 Cunyngame, Cheryl	W56	13.34m

Monday results

W60 Hammer Throw

Record: R 40.85m 21/10/2002 Helen Searle, NSW		
Name	Age	Finals
1 Canale, Teresa	W61	20.85m
2 Guelfi, Lyn	W62	20.25m
3 Walton, Jacqueline	W62	18.76m
4 Brown, Barbara	W62	17.69m
5 Truscott, Bronwyn	W62	17.30m
6 Bennett, Jan	W62	15.67m
7 Prior, Valerie	W61	8.43m
8 Parker, Cherryl	W63	6.65m

W65 Hammer Throw

Record: R 23.21m 21/10/2002 Dorothy Whittam, WA		
Name	Age	Finals
1 Dempsey, Cherie	W66	19.93m

W70 Hammer Throw

Record: R 19.64m 14/10/2012 Sue Green, NT		
Name	Age	Finals
1 Dundas, Rhondda	W72	27.02mR
2 Williams, Veronica Jean	W70	14.73m

W75 Hammer Throw

Record: R 19.20m 22/10/2008 Glad McKeown, Unattached		
Name	Age	Finals
1 Brockie, Nola	W78	17.09m
2 Roberts, Margaret	W79	14.26m

W80 Hammer Throw

Record: R 13.76m 23/10/2006 shirly brasher		
Name	Age	Finals
1 Medcalf, Noela	W81	14.65mR

M60 Javelin Throw

Record: R 39.76m		
Name	Age	Finals
1 Allan, Grant	M61	32.63m
2 Lee, David	M62	30.15m
3 Fielder, Wayne	M62	29.64m

M65 Javelin Throw

Record: R 43.16m		
Name	Age	Finals
1 Roberts, Michael	M66	21.97m
2 Petrie, Hamish	M69	21.64m
3 Hubbard, Alan	M66	8.96m
